



PINK TRAINING

TRAENÁIL BHÁNDEARG



Union of Students in Ireland
Aontas na Mac Léinn in Éirinn

2019

29TH NOVEMBER- 1ST DECEMBER
NUI GALWAY



2014



2015



2017

PAST
PINK
TRAINING'S



2018

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A CHAIRDE,

Fáilte roimh Traenáil Bhándearg 2019

Welcome to Pink Training 2019!

My name is Megan and I'm the Vice President for Equality and Citizenship, and the lead organiser of Pink Training 2019. What can I even say; it's been such an honour to organise. An event that has such a massive leGAYcy (you'll forgive me, it's rare we get such opportunities for so many gay puns, expect loads) comes with it's own unique set of highs and lows, but as I've said to many people along the way, organising this event has been an absolute dream come true.

Call it gay Christmas, call it the biggest party of the year, there is no denying that Pink Training is an unforgettable, incredible event that changes lives. When I came to my first Pink Training, I was 'straight' (shout out to all the allies in the house -though we'll see how many of you come out (tehehe) the other side of the weekend with your heterosexuality intact).

All jokes aside, I am extremely lucky to have had a string of strong queer women go before me in this job, who in the role have built the event up year on year to the epic proportions it now stands at. When it started in 1992, Pink Training was a small group of LGBT+ folk who would meet together for some 'rabble rousing', or so I've been told. 27 years on and it's blossomed into three day festival of diversity and activism, both a call to action and a place people can call home all at once.

LGBT+ student activists have been at the forefront of so many social justice movements, and there's no reason to stop now. We have many LGBT+ leaders in student movement and that's down to initiatives like Pink Training. And we need them. There is a lot left to do in our institutions; overseeing the implementation of gender identity and expression policies in every institution, keeping up the fight for gender neutral bathrooms, tackling homophobia and transphobia. On a national level we are fighting for hate crime legislation, for the availability of PrEP for anyone who needs it, for an end to the MSM blood ban, the lack of LGBTI+ inclusive sex ed in our schools, or anything LGBTI+ for that matter.

And looking then to our international siblings, where so many still struggle for the basic right to be who they are without persecution.

We have put a particular focus on intersectionality for this Pink Training, which is why I encourage you to take advantage of all the wonderful workshops on offer. Black Pride have a workshop on Decolonising LGBTQ+, we have workshops on disability and Irish language and over the course of the weekend will hear from activists in Direct Provision, and from the Sex Workers Alliance of Ireland. Pink Training is an event that recognises and reflects the vibrancy of identities in our community, and the fact that people come from various different intersections of identity, and therefore have experienced intersections of oppression throughout their lives.

I hope this weekend you learn. I hope you come away with a fire in your belly. I hope you chat to someone with a different point of view, and find it fascinating. Attend as many workshops as you can, eat, sleep, drink (water, please).

Lastly, remember this: it's okay to still be figuring out who you are. For whoever needs to hear this; your presence at Pink Training is valid. There are incredible speakers and facilitators here who combined have centuries of experience in LGBT+ activism and generally changing the world, but never forget that it's you really, who makes this event what it is.

LE BRÓD,

Megan Reilly



A CHAIRDE,

It is an absolute pleasure to welcome you to Pink Training 2019!

My name is Lorna Fitzpatrick; I am the President of the Union of Students in Ireland for 2019 - 2020. My pronouns are she/her, and I am incredibly proud to lead a movement of students that listens, supports and fights for one another on a daily basis.

My first experience of Pink Training was in Cork in 2015; I was the Equality Officer in IT Carlow Students' Union. I had heard all the fantastic stories about Pink Training, all the friends that people in the society had made from going and the learnings they had taken away from attending all the different workshops. I knew it was going to be a great weekend, but it was so much more than that. I learned A LOT from the workshops and sessions I attended, but I learned so much more from the people who were sitting beside me. About the struggles, each person faced, about the fights we had to take on and win to make our society a better place.

Fast forward a few years, we have won some of those fights. We have passed the gender recognition act, won marriage equality and bodily autonomy, both North and South. Spearheading each and every one of these fights on were the people who have sat in the seats you will be seated in this weekend, reading a similar booklet to this one. Many of you may have been involved in fighting these fights alongside us, and for that, I want to thank you and those who came before you.

However, while we have achieved some fantastic successes in the last few years, we are far from done. We need to continue fighting so that young people under the age of 18 can have their gender recognised in the same way as those over the age of 18. Young transgender and non-binary people deserve to be treated with care and respect regardless of their age. Many of our European counterparts have introduced Hate crime legislation, and Ireland has fallen behind in this regard. Our Government has not regarded this legislation, which would protect so many, as a priority. And while the referendum to win equal marriage in Ireland was an amazing achievement, we still have a fight on our hands to ensure parents in same-sex relationships have a legal relationship with their children.

Pink Training is the largest training event for LGBTI+ students in Europe, it is one of the most important dates in our calendar each year and has grown to be what it is today because of the amazing people who came before us. That being said, it would be remiss of me not to write a special word of thanks to Megan Reilly, the USI Vice President for Equality and Citizenship this year who has put an incredible amount of work into this weekend with the support of our wonderful team. The USI Executive Team are here all weekend to support you. We know how inspiring this weekend can be, but we also know that it can be a stressful time so if you are feeling overwhelmed or feel like you need to take a break, then do so. You are and should always be your priority, so put you and your self-care first.

The Union of Students in Ireland is an organisation that represents over 374,000 students across the Island of Ireland. We are proud of our history in campaigning to promote and defend the rights of all students in our society, and we will continue to shout it from the rooftops. Next year, I hope the person writing this welcome (it could be you!) can speak of 'new wins' that help to make our society a better place, but the most important person in achieving those wins is you.

Go raibh míle maith agat.

WITH PRIDE,

Lorna x



FRIDAY

TIME	CONTENT	SPEAKER	AIMED AT	ROOM
16:00	REGISTRATION	-		ÁRAS NA MAC LÉINN
18:00	SAFETY BRIEFING	-	DELEGATE LEADERS & SU SUPPORT OFFICERS	
18:30	ICE-BREAKERS	BRANDON WALSH CRAIG MCHUGH KEVIN MCSTRAVOCK CLÍODHNA NÍ DHUFAIGH RÓISÍN O'DONOVAN DARREN MALONE MICHELLE BYRNE CALLAGHAN COMMONS CIARÁN WATTS SARA DOWLING	EVERYONE	AILBHE SMYTH (SMALL ACCOUSTIC) HARVEY MILK (LARGE ACOUSTIC) NUALA WARD (THE CUBE) AUDRE LORDE (THE SPACE) FREDDIE MERCURY (THE VIEW) TONIE WALSH (MEETING ROOM 1) PANTI BLISS (MEETING ROOM 2) DAVID NORRIS (NUIGSU EXEC ROOM) BILLY PORTER (SEMINAR ROOM - O'DONOGHUE BUILDING) SYLVIA RIVERA (BANK OF IRELAND - O'DONOGHUE CENTRE)
19:10	ICE-BREAKERS END			
19:15	SAFETY BRIEFING	BEN ARCHIBALD	EVERYONE	O'FLAHERTY
19:30	WELCOME FROM USI	LORNA & MEGAN	EVERYONE	O'FLAHERTY
19:40	WELCOME FROM NUIG	CLARE AUSTICK	EVERYONE	O'FLAHERTY
19:45	LIP SYNC BATTLE		EVERYONE	O'FLAHERTY
22:30	BARCADE			

****RAPID HIV TESTING FROM 4-6PM IN LAVERNE COX [ARTROOM] ****

SATURDAY

TIME	CONTENT	SPEAKER	ROOM
09:30	<ul style="list-style-type: none"> • COMING OUT WORKSHOP • COMING OUT WORKSHOP • COMING OUT WORKSHOP • COMING OUT WORKSHOP • COMING OUT WORKSHOP • COMING OUT WORKSHOP • COMING OUT WORKSHOP • COMING OUT WORKSHOP • COMING OUT WORKSHOP 	CLÍODHNA NÍ DHUFAIGH HAMSAVANI RAJESWAREN AISLING CUSACK KONRAD IM OISSINE MOORE KEVIN MCSTRAVOCK BRANDON WALSH SIOBHAN HOWE JOSEPH KAVANAGH GILLIAN MCINERNEY	AILBHE SMYTH (SMALL ACOUSTIC) HARVEY MILK (LARGE ACOUSTIC) NUALA WARD (THE CUBE) AUDRE LORDE (THE SPACE) FREDDIE MERCURY (THE VIEW) TONIE WALSH (MEETING ROOM 1) PANTI BLISS (MEETING ROOM 2) DAVID NORRIS (NUIGSU EXEC ROOM) BILLY PORTER (SEMINAR ROOM - O'DONOGHUE BUILDING) SYLVIA RIVERA (BANK OF IRELAND - O'DONOGHUE CENTRE)
10:30	<ul style="list-style-type: none"> • BOTTOMING 101 • LESBI-HONEST ABOUT LESBIAN LIP SERVICE • GLOBAL TO LOCAL - TRANS HUMAN RIGHTS IN IRELAND • CAMPAIGNING 101 • JUST BE YOU: THE PROS AND PROS OF LOVING YOURSELF • TRANS ALLYSHIP • TURNING YOUR COLLEGE EXPERIENCE INTO YOUR BIGGEST ALLY 	DEAN O'REILLY AISLING CUSACK TRANSGENDER NI SHARON NOLAN STEPHANIE FOGARTY CATHAL SHERLOCK AND AOIBHIN KEIGHRON LUKE DALY	AUDRE LORDE (THE SPACE) FREDDIE MERCURY (THE VIEW) BILLY PORTER (SEMINAR ROOM - O'DONOGHUE BUILDING) HARVEY MILK (LARGE ACOUSTIC) NUALA WARD (THE CUBE) TONIE WALSH (MEETING ROOM 1) SYLVIA RIVERA (BANK OF IRELAND - O'DONOGHUE CENTRE)
11:30	<ul style="list-style-type: none"> • THE STRUGGLE FOR REPRODUCTIVE RIGHTS • COMMUNITY SPACES • GETTING BI • MORE THAN TWO - EXPLORING POLYAMORY • EMPOWERMENT • TIPS FOR BETTER MENTAL HEALTH • NON BINARY 101 	ALLIANCE FOR CHOICE SHAUNA MONAGHAN LISA CANNON CATALINA VIERU LINC - STEPHANIE FOGARTY ROB PARTRIDGE GILLIAN MCINERNEY	HARVEY MILK (LARGE ACOUSTIC) TONIE WALSH (MEETING ROOM 1) FREDDIE MERCURY (THE VIEW) BILLY PORTER (SEMINAR ROOM - O'DONOGHUE BUILDING) AUDRE LORDE (THE SPACE) NUALA WARD (THE CUBE) SYLVIA RIVERA (BANK OF IRELAND - O'DONOGHUE CENTRE)
12:30	LUNCH 1 <ul style="list-style-type: none"> • PRIVILEGE IS FOR SALE - AN INTERACTIVE WORKSHOP • SPOKEN WORD - • OSCAIL DO BHÉAL, OSCAIL AN SAOL! • RUNNING AN LGBT+ SOCIETY • PRACTICAL SELF CARE FOR MENTAL HEALTH • MORE THAN TWO ; EXPLORING POLYAMORY 	CAMERON KEIGHRON AND PATRICK MILLER CIARA NÍ E DEAN O'REILLY SHAUNA MONAGHAN CATALINA VIERU	FREDDIE MERCURY (THE VIEW) NUALA WARD (THE CUBE) AUDRE LORDE (THE SPACE) HARVEY MILK (LARGE ACOUSTIC) BILLY PORTER (SEMINAR ROOM - O'DONOGHUE BUILDING)

SATURDAY

TIME	CONTENT	SPEAKER	ROOM
13:30	LUNCH 2 <ul style="list-style-type: none"> • GENDER EUPHORIA • MAKING YOUR SOCIETY/SU A BETTER ALLY • INTERSEX 101 • KEEPING IT QUEER PODCAST RECORDING • SEX WORKER RIGHTS 101 	CAMERON KEIGHRON LUKE DALY CLARA BARRY NUS UK CEARBHALL TURRAOIN	BILLY PORTER (SEMINAR ROOM - O'DONOGHUE BUILDING) HARVEY MILK (LARGE ACOUSTIC) AUDRE LORDE (THE SPACE) FREDDIE MERCURY (THE VIEW) NUALA WARD (THE CUBE)
14:30	<ul style="list-style-type: none"> • BEING A BETTER ALLY: DISABILITY AND QUEER IDENTITIES • CHER-ING IS CARING: QUEER MUSIC • DECOLONISING LGBTQIA+ • TRANS HEALTHCARE • HIV MYTHBUSTER • SPOKEN WORD; OSCAIL DO BHÉAL, OSCAIL AN SAOL • LESBI-HONEST ABOUT LESBIAN LIP SERVICE 	HANNAH KELLY ROSIE AND AOIFE BLACK PRIDE NOAH HALPIN AND KATE O'RAFFERTY DAVY QUINLIVAN CIARA NÍ É AISLING CUSACK	BILLY PORTER (SEMINAR ROOM - O'DONOGHUE BUILDING) TONIE WALSH (MEETING ROOM 1) AUDRE LORDE (THE SPACE) FREDDIE MERCURY (THE VIEW) HARVEY MILK (LARGE ACOUSTIC) NUALA WARD (THE CUBE) SYLVIA RIVERA (BANK OF IRELAND - O'DONOGHUE CENTRE)
15:30	<ul style="list-style-type: none"> • MNÁ*GRA • PINK WASHING AND PALESTINE • NON BINARY 101 • DRAG MAKE UP • FROM IDEA TO ACTION • PREP • BEING A BETTER ALLY: DISABILITY AND QUEER IDENTITIES 	ANNA DOWLING EDEN LADLEY GILLIAN MCINERNEY DONATELLA CAM LYTTLE DAVY QUINLIVAN HANNAH KELLY	FREDDIE MERCURY (THE VIEW) BILLY PORTER (SEMINAR ROOM - O'DONOGHUE BUILDING) AUDRE LORDE (THE SPACE) NUALA WARD (THE CUBE) HARVEY MILK (LARGE ACOUSTIC) TONIE WALSH (MEETING ROOM 1) BILLY PORTER (SEMINAR ROOM - O'DONOGHUE BUILDING)
16:30	<ul style="list-style-type: none"> • CHER-ING IS CARING • ALPHABET SOUP • TIPS FOR BETTER MENTAL HEALTH • ACE/ARO 101 • BOTTOMING 101 • TRANS HEALTHCARE • COMMUNITY SPACES 	ROSIE WHITE AND AOIFE MEAGHER GILLIAN MCINERNEY ROB PARTRIDGE OSCAR JAMES DEAN O'REILLY NOAH HALPIN AND KATE O'RAFFERTY SHAUNA MONAGHAN	TONIE WALSH (MEETING ROOM 1) BILLY PORTER (SEMINAR ROOM - O'DONOGHUE BUILDING) NUALA WARD (THE CUBE) FREDDIE MERCURY (THE VIEW) HARVEY MILK (LARGE ACOUSTIC) AUDRE LORDE (THE SPACE) SYLVIA RIVERA (BANK OF IRELAND - O'DONOGHUE CENTRE)
17:30	SATURDAY PLENARY PANEL		LYRA MCKEE (O'FLAHERTY)
18:30	DINNER		SULT
21:30	NIGHT ENTERTAINMENT		SULT

****RAPID HIV TESTING FROM 11AM TO 6PM IN LAVERNE COX [ARTROOM] ****

SUNDAY

TIME	CONTENT	SPEAKER	ROOM
10:00	CLOSED SPACE FOR PEOPLE OF COLOUR	BLACK PRIDE	SYLVIA RIVERA (BANK OF IRELAND - O'DONOGHUE CENTRE)
10:30	<ul style="list-style-type: none"> • PEACHES, PEARS OR BANANAS, LOVING YOUR SEXUAL BODY • SELF CARE • GETTING BI • INTERSEX 101 • PRIVILEGE IS FOR SALE; AN INTERACTIVE WORKSHOP • CIORCAL COMHRÁ • PINK WASHING AND PALESTINE 	ANNA KEOGH GILLIAN MC INERNEY LISA CANNON CLARA BARRY CAMERON KEIGHRON ANSEO AGUS AITEACH EDEN LADLEY	BILLY PORTER (SEMINAR ROOM - O'DONOGHUE BUILDING) FREDDIE MERCURY (THE VIEW) NUALA WARD (THE CUBE) HARVEY MILK (LARGE ACOUSTIC) TONIE WALSH (MEETING ROOM 1) AUDRE LORDE (THE SPACE) DAVID NORRIS (NUIGSU EXEC ROOM)
11:30	<ul style="list-style-type: none"> • CREATIVE SUSTAINABILITY • QUEER SEX ED • HAVE YOU EVER SENT A HOLE PIC • AROUND THE WORLD IN 80 GAYS • BDSM • USI GENDER EQUALITY WORKSHOP • DECOLONISING LGBTQIA+ 	DARCY LONERGAN ANNA KEOGH DEAN O'REILLY DANIEL MC FADDEN OSCAR JAMES CLÍODHNA BLACK PRIDE	FREDDIE MERCURY (THE VIEW) AUDRE LORDE (THE SPACE) BILLY PORTER (SEMINAR ROOM - O'DONOGHUE BUILDING) SYLVIA RIVERA (BANK OF IRELAND - O'DONOGHUE CENTRE) HARVEY MILK (LARGE ACOUSTIC) TONIE WALSH (MEETING ROOM 1) DAVID NORRIS (NUIGSU EXEC ROOM)
12:30	SAFE SPACES: LESBIAN BI X 2 QUEER GAY TRANS NON BINARY ACE INTERSEX ALLY REFLECTION	AISLING CUSACK LISA CANNON ALEX O'MEARA MEGAN REILLY DAVY QUINLIVAN CAMERON KEIGHRON AND KATE O'RAFFERTY GILLIAN MCINERNEY OSCAR JAMES CLARA BARRY MARIE LYONS AND ROBERT MURTAGH	AUDRE LORDE (THE SPACE) FREDDIE MERCURY (THE VIEW) TONIE WALSH (MEETING ROOM 1) HARVEY MILK (LARGE ACOUSTIC) LYRA MCKEE (O'FLAHERTY) SYLVIA RIVERA (BANK OF IRELAND, O'DONOGHUE CENTRE) LAVERNE COX (ART ROOM) DAVID NORRIS (NUIGSU EXEC ROOM) AILBHE SMYTH (SMALL ACOUSTIC) BILLY PORTER (SEMINAR ROOM, O'DONOGHUE BUILDING)
1:30	CLOSING PLENARY	MEGAN REILLY	LYRA MCKEE (O'FLAHERTY)
2:00	LUNCH AND DEPART		

****MASS MARRIAGES WILL TAKE PLACE BETWEEN 11:30AM - 3:30PM****

ADVICE & SUPPORT

REPUBLIC OF IRELAND:

KEY ORGANISATIONS

www.lgbt.ie
www.belongto.org
www.teni.ie
www.outhouse.ie
<http://nxf.ie/>

SUPPORT LINES (ROI)

Samaritans - 116 123
Pieta House - 1800 247 247
Aware - 1800 80 48 48
LGBT Helpline - 1890 929 539
TENI - (01) 873 3575

SUPPORT LINES (NI)

Samaritans - 116 123
Inspire Counselling Service - 0808 800 0016
LGBT Switchboard NI - 0808 8000 390
Lifeline - 0808 808 8000
Cruse Bereavment Care - 0808 808 1677



NORTHERN IRELAND:

KEY ORGANISATIONS

The Rainbow Project - www.rainbow-project.org
Cara Friend - www.cara-friend.org.uk/ - (028) 9089 0202
Transgender NI - www.transgenderni.com
Northern Ireland Gay Rights Association - www.nigra.org.uk
Out and About NI - www.outnabout-ni.org.uk/ -
Newry Rainbow Community - @newryrainbowcommunity
Here NI - www.http://hereni.org/
Belfast Butterfly Club - belfastbutterflyclub.co.uk/ - 07704799352
Queer Space - www.queerspace.org.uk/

USI MENTAL HEALTH TEXT LINE:

TEXT **USI** TO 086 1800 280 24/7

DON'T SUFFER ALONE, PICK UP THE PHONE IF YOU ARE FEELING LOW.

CODE OF CONDUCT

USI PINK TRAINING IS AN ENVIRONMENT THAT IS CONDUCIVE TO EXPLORING AND LEARNING ABOUT ISSUES RELATING TO SEXUALITY AND GENDER IDENTITY. IT'S OF UTMOST IMPORTANCE THAT USI PINK TRAINING IS A SAFE SPACE FOR ALL DELEGATES AND THAT EVERYONE CAN FEEL COMFORTABLE TO BE THEMSELVES.

ALL DELEGATES ARE ASKED TO AGREE TO AND ABIDE BY THE FOLLOWING CODE OF CONDUCT:

- EVERY DELEGATE MUST BE RESPECTFUL TOWARDS FELLOW DELEGATES, SPEAKERS AND THE STAFF IN THE HOSTELS AND COLLEGE
- PLEASE BE AWARE AND RESPECT EACH DELEGATE'S BOUNDARIES- NO ONE SHOULD FEEL OR BE PRESSURED INTO PARTAKING IN ANY ACTIVITY THAT THEY ARE NOT COMFORTABLE WITH
- EACH DELEGATION LEADER IS ULTIMATELY RESPONSIBLE FOR THOSE IN THEIR GROUP
- IF ANYONE IS FOUND WITH ILLEGAL SUBSTANCES, THEY WILL BE SENT HOME IMMEDIATELY, FURTHERMORE APPROPRIATE ACTION WILL BE TAKEN
- EVERY DELEGATE IS ASKED TO RESPECT THE PEOPLE SHARING THEIR ROOM IN THE HOSTELS.
- PLEASE SHOW RESPECT TO PEOPLE'S PREFERRED PRONOUNS E.G. HE/SHE/THEY
- NOBODY HAS TO SHARE THEIR SEXUAL ORIENTATION OR GENDER IDENTITY AT ANY POINT AND NOBODY SHOULD MAKE ANYONE FEEL THEY HAVE TO CHOOSE OR DISCLOSE THEIR IDENTITY, PERSONAL INFORMATION OR DO ANYTHING THAT THEY ARE NOT COMFORTABLE WITH
- THERE IS NO SMOKING INSIDE THE HOSTELS
- DEROGATORY LANGUAGE TOWARDS ANY SEXUALITY OR GENDER IDENTITY WILL NOT BE TOLERATED AT PINK TRAINING
- REMEMBER THAT NOT EVERYONE IS 'OUT' AT PINK TRAINING SO PLEASE DON'T TAG ANYONE IN PHOTOS WITHOUT THEIR PERMISSION
- DELEGATES ARE ASKED TO CLEAN UP AFTER THEMSELVES IN NUIG AND IN THE HOSTELS
- DELEGATES ARE ENCOURAGED TO PARTICIPATE AND BE ON TIME FOR WORKSHOPS
- DELEGATES MUST RESPECT OTHER DELEGATE'S BOUNDARIES; NO ONE SHOULD FEEL THAT THEY MUST ENGAGE IN ANY BEHAVIOUR OR ACTIONS IN WHICH THEY ARE NOT COMFORTABLE WITH
- INAPPROPRIATE AND / OR INVASIVE TOUCHING, WITHOUT INFORMED AND EXPLICIT CONSENT, WILL NOT BE TOLERATED

A NOTE ON SUSTAINABILITY AT PINK TRAINING

We've made very conscious efforts to ensure sustainable practices at this year's Pink Training. This is a Fairtrade event, so the tea and coffee you'll receive, as well as the Tote bag this booklet came in, are all fairtrade products.

We've also made the decision to have the bulk of our food vegetarian this year. 70% of the options here are vegetarian, vegan and delicious. We urge you to choose vegetarian food where possible. The impact that meat has on the planet is unavoidable; from Co2 emissions to deforestation, and land used to grow animal feed, this year we've made the choice to lessen our carbon footprint on the environment.

We've encouraged you all to bring your keep cups and reusable water bottles, and you'll find refill stations across the campus and at Sult.



OTHER HAPPENINGS AT PINK TRAINING

Rapid HIV testing

It's back! And it's super important to get tested. AIDS West have very kindly agreed to facilitate the following sessions, and will be based in the Laverne Cox room (Art room) at these times:

Friday: 4pm - 6pm

Saturday: 11am-4pm

Society ShowGAYse

This year we are displaying the work of wonderful LGBT+ Societies across the country. You'll find the poster display all over the walls of Áras na Mac Léinn. It's a way to learn about what other LGBT+ Societies are doing across the country, to take inspiration and share.

Mass Marriages

To celebrate that The North is Now, on Sunday in the Nuala Ward room (The Cube) we will be running mass marriages. Grab your best pal, your crush, the person next to you, pick the song you want to walk down to aisle to, and that's it. You'll get a marriage certificate and all, as well as a swanky hawaiian honeymoon photo as a souvenir.

Help rename GiG Soc!

We are looking to change our name as we found our current name GiGSoc (Gay in Galway Society) is not inclusive of everyone within the community. Our aim as a society is to ensure that everyone feels welcome and included. We are looking for a name that would ensure to promote inclusivity and diversity within our society. We thought there would be no one better to ask than members of the community.

Write for Rights - Pink Training style!

Following in the incredible success of the Amnesty campaign Write for Rights campaign, this year we are doing our own letter writing drive. There are many countries where LGBT+ people are facing struggles that we have long since overcome. We'll have a stand set up in the Foyer with some sample letters of solidarity that you can send to LGBT+ Activists across the world, as well as letters to Governments urging them to address the issues.

WORKSHOPS

CHER-ING IS CARING; A GUIDE TO QUEER MUSIC

AOIFE MEAGHER & ROSIE WHITE

From David Bowie and Boy George to Hayley Kiyoko and Sam Smith, we take a look at the impact that music has had on the LGBTQ+ community. This workshop is a creative safe space to give yourself a break from all the hustle and bustle that pink training has to offer. An interactive workshop that aims to highlight the history around queer music and how it has impacted the LGBTQ+ community throughout time and possibly a jam-along session in store! We want to give an insight into the empowerment that can be found in queer music and will attempt to answer the age-old question; Do you believe in life after love?

CIORCAL COMHRÁ

BY ANSEO AGUS AITEACH

SEOIRSÍN BASHFORD & FINN MAC MUIRIS

An Irish language discussion group (ciorcal comhrá). People attending will be encouraged to use the Irish language to discuss their experience with the language as an LGBTQ+ person. Games to make people more comfortable speaking will also be played.

HAVE YOU EVER SENT A HOLE PIC?

DEAN O'REILLY

Have You Ever Sent a Hole Pic explores our relationship with the naked body and the ways in which we ascribe deviance to anatomy. Expect an interactive workshop focusing on some of the most intimate aspects of our sexual experience. Grindr, nudity, pornography, online dating and more will all be discussed. Hole pics enclosed within.

BOTTOMING 101

DEAN O'REILLY

Bottoming 101 will talk (potential) bottoms through anal sex from preparation to action and after care. The session will focus on the anatomy of anal sex, the ways in which pleasure can be maximised, and the reasons being a bottom may be right (or not right!) for you. *Note, this session will explore anal sex from the perspective of a cis gay man but is open to anyone who is interested to attend. Inclusive language and discussion will be emphasised.

KEEPING IT QUEER

LIVE RECORDING

ROB NOON

Come along for a live recording of the 'Keeping it Queer' podcast!

THE STRUGGLE FOR REPRODUCTIVE RIGHTS

NAOMI CONNOR

When it comes to reproductive justice, we are living in interesting times! Alliance for Choice will examine the recent developments in abortion law in Ireland North and South and why the battle is far from over. Naomi Connor, Co-Convener of the organisation, will discuss the intersectional vision, organising and activism that has resulted in long overdue change and which has expanded narratives around the abortion conversation.

RUNNING AN LGBT SOCIETY

DEAN O'REILLY

Running an LGBT+ Society will function as an open forum for anyone interested in running an LGBT+ society and anyone involved in LGBT societies to ask questions on ways to improve their society, solve problems they're encountering, and anything you can think of. Common issues will be explored and attendees will be presented problems the facilitator has experienced during their time as an LGBT Society Chair for interaction.

MORE THAN 2 IN LOVE (AND SEX)

CATALINA VIERU

Ever felt attraction to more than one person at a time? Or felt you have enough love to give to more than one romantic partner? Thinking about the whole "non-monogamy" concept and it seems that it could suit you? Join us and let's chat about different ways of being polyamorous, what are the biggest challenges and tips to make it work when there are more than two people involved.

TURNING YOUR COLLEGE EXPERIENCE INTO YOUR BIGGEST ALLY

LUKE DALY

Think your college isn't fully queer friendly? Need help with Gender Identity/Expression Policy? No Gender Neutral Toilets? SU not in support of abolition of the MSM blood ban? Then this session is for you, learn how to turn your college and SU into your biggest ally! We'll be exploring policy, best practice, doing some interactive sessions and more in this session. Learn to lean on your colleagues!

ACCESSING TRANS HEALTHCARE

KATE O'RAFFERTY & NOAH

A guide in accessing trans specific healthcare in both Ireland and abroad. **Topics covered:** Accessing HRT, Surgery options, mental health supports and sexual health.

JUST BE YOU: THE PROS AND PROS OF BEING YOURSELF

STEPHANIE FOGARTY

In this workshop we look at what makes you you. We look at how to appreciate ourselves and how to challenge the current society's perception of beauty!

EMPOWERMENT

STEPHANIE FOGARTY

WE ARE STRONG, Affirming our strength with experiences of empowerment. Self identifying women's only space

PREP 101

DAVY QUINLIVAN

With the recent rollout of free PrEP by the HSE, this session aims to help provide a quick look at what PrEP is, how you might want to use it as part of your own sexual health strategy and how you can potentially access it! There will be some time for a Q&A section included!

CREATIVE SUSTAINABILITY CHALLENGE

DARCY LONERGAN

This is an interactive workshop which involves:

- Everyday tips to combat climate change
- Make your own product out of reused products for example tote bags from t-shirt
- Background on sustainable Development Goals

GENDER EUPHORIA

CAMERON KEIGHRON

When talking about Trans, Non-Binary and Intersex people it is often about how difficult it can be and the experiences we have with gender dysphoria. Of course we know that it can sometimes be difficult. Still, these experiences on their own don't fully details the lives of trans, non-binary and intersex people. The enjoyable experiences, like looking in the mirror and seeing your real self, can be so Powerful!

CAMPAIGNING 101

SHARON NOLAN

Do you want to change the world? If so, this workshop is for you! So much great progress and change has been hard fought for nationally and internationally through powerful campaigns. In this talk, Sharon will share some of her personal experiences from grassroots campaigns for local change, Ireland-wide campaigning, and how we can all make a difference. There are so many skills and tools we all possess that makes campaigning accessible to all, so join us if you want to learn more. No experience necessary!

HIV MYTHBUSTER U=U AND YOU

DAVY QUINLIVAN

This session aims to provide a space for people to get informed around HIV in general. It will cover topics like stigma, disclosure, modes of transmission, U=U and PrEP use.

PRIVILEGE IS FOR SALE

CAMERON KEIGHRON

This activity helps participants investigate privilege by inviting them to identify what privileges they find personally important. This exercise explores themes relating to race, gender identity, sexual orientation, social class and disability without the burden of education falling to minority groups. It is a novel way of evaluating our own privileges while understanding the privileges our peers around us may not have. Participants are split into groups of 4-5 persons, they are given a list of different types of privileges along with an amount of money. They are then tasked with buying the privileges they want as a group.

BEING A TRANS ALLY HOW TO SUPPORT A FRIEND AS THEY ARE TRANSITIONING

CATHAL SHERLOCK & AOIBHIN KEIGHRON

This workshop is about supporting a friend through their transition. During my time in college, I was lucky to make some great friends and I was delighted to see them grow into the people who they have become. Everyday and every year that went past, I would see some of my friends blossom into the people they have become today. I don't know how it is to be trans, but I do know a transition is a massive part of their life. It's all about having the right support around and giving them support and celebrations along the way. This workshop will be inclusive, supportive and respectful and give you tips on how to be the best trans ally possible along with cheekily correcting someone when they mispronoun or mis name your friend. All questions are welcome and encouraged!

AROUND THE WORLD IN 80 DAYS

DANIEL MCFADDEN

Travelling abroad requires extra safety precautions, but travelling abroad when apart of the LGBTQ+ community requires even more considerations. And to add onto that, what if you travel to a non LGBTQ+ friendly country? In this session, we will discuss the state (literally and figuratively) of LGBTQ rights around the world, identify precautions you can take when travelling solo or as a couple.

MNÁ GRÁ

ANNA DOWLING

The Mná Grá workshop provides sexual health information for women* who have sex with women* or anyone who wants to learn more about sexual health. It is a safe space for all sexualities and gender identities. The session will involve an interactive sexual health quiz that contains information on STI's, how they are transmitted, their prevalence and their effects. This will be followed by a discussion on risk reduction and safe sex methods. Then we will have a group activity focused on consent. Questions will be very welcome!

DECOLONISING LGBTQIA+

DI AND RAYANN

In this session we will attempt to decolonise our understandings of the LGBTQIA+ sphere by looking at non-western manifestations of gender and sexuality. How colonisation affects us uniquely and how the 'rainbowisation' of queerness has an affect on the black LGBTQIA+ community

TIPS FOR BETTER MENTAL HEALTH

ROB PARTRIDGE

In what is often called "eye opening and honest" Rob will talk about his own mental health journey and the things he's been through and then discuss how you can look after your own mental health using the ten tips he has picked up on his own journey.

NON BINARY 101

GILLIAN MCINERNEY

A short introduction to the many identities that can be included under the umbrella of non-binary. This session is perfect for people who are curious, people who have questions, and anyone trying to become more inclusive of non-binary people.

PRACTICAL SELF CARE FOR MENTAL HEALTH

SHAUNA MONAGHAN

This session aims to highlight some practical and realistic methods for looking after yourself and your mental health.

IMPORTANCE OF LGBTQ+ COMMUNITY

SHAUNA MONAGHAN

This session aims to address the importance of lgbt+ community spaces and groups and the positive impact it can have on a persons mental health and well being.

FROM IDEA TO ACTION

CAM LYTTLE

In this workshop we'll be exploring a number of tools designed to help people realise their visions around activism and organising. Sometimes it can seem our ideas are so big, or our resources so few that it feels our end goals are out of reach. The methods covered in this workshop are aimed at breaking these down into achievable milestones, and identifying and using the capacity and resources available to us. Participants will leave this workshop having completed a draft action plan towards their own organisational goals.

GETTING BI

LISA CANNON

Talking all things Bisexual from the word 'bisexual' to finding and strengthening our bisexual communities.

SPOKEN WORD

OSCAIL DO BHÉAL, OSCAIL AN SAOL!

CIARA NÍ É

Ciara Ní É is a queer feminist Gaeilgeoir who doesn't believe in labels. She runs REIC, the multilingual spoken word event. REIC brings people from all walks of life together to perform, agus bíonn fáilte roimh Ghaeilge i gcónaí, gan bhrú. Spoken word is enjoying a moment in the spotlight as an art form and method of expression. With strong links to rap, hip-hop, theatre, jazz and blues, spoken word uses rhythm, intonation, and word-play. This results in a powerful and playful way of discussing themes of importance, including queer identity and experience. Sa cheardlann dhátheangach seo, pléifear conas dán a scríobh agus a reic. This workshop will focus on putting a poem together, and how to perfect performance. To finish, we will have a small optional reading. Participants are welcome to bring either their own poems, or to read pieces that have inspired them throughout the years.

GLOBAL TO LOCAL

TRANS HUMAN RIGHTS IN IRELAND

ALEXA MOORE

In this session, we'll discuss the state of trans rights across the island of Ireland and some of the efforts to organise in support of these rights across the region. We'll be exploring how engagement with international human rights mechanisms, and with our comrades around the world, can intersect with and complement grassroots activism to create meaningful change in our communities.

BEING A BETTER ALLY:

DISABILITY AND QUEER IDENTITIES

HANNAH KELLY

In this workshop, we will explore the intersectionality of disability and LGBTQ+ identities. Attendees will be asked to explore their attitudes and preconceptions of allyship. Through a mix of education, open communication and group activities we will explore how we best can support our LGBTQ+ friends who have disabilities in a number of different ways. From organising events, creating safe spaces for disclosure and amplifying voices on lived experiences. After this workshop, you should feel more confident in your understanding of disability, and your ability to be the best ally you can be.

DRAGGING IT UP WITH

DONATELLA

EOIN LENIHAN

I will be teaching you how I do my face when I get into drag, while sharing stories, and experiences I have had while doing drag, and basically just having a laugh.

ASEXUALITY 101

OSCAR JAMES

Does what it says on the tin, plus a bit of introspection. During this workshop, we will talk about what asexuality is, and what life is like for people on the ace spectrum. We will talk terminology and what that means for a bit before moving onto some more constructive group work. My aim is to help you understand more about yourself and the world around you, so we will be questioning a lot about what we think about relationships, sexuality and intimacy. I hope that you come out of this workshop with lots to think about!

BDSM 101

OSCAR JAMES

This workshop is a pink training first! During this workshop we will talk about what BDSM is and isn't, how to do it safely, including open communication and consent, risk awareness, and healthy relationships. I want you to come away from this workshop with a better understanding of nontraditional intimacy, what boundaries and consent looks like when kink is involved, and hopefully feeling more safe and empowered to explore yourselves!

LESBI-HONEST

ABOUT LESBIAN LIP SERVICE

AISLING CUSACK

Ever feel like you are in a bit of an echo chamber when it comes to your opinions? That's because you probably are, but that doesn't mean you still shouldn't use opportunities to voice your opinions and talk with like-minded friends. You'll never know when you can learn something new or educate someone else until you do.

In this day and age, we should be happy with what we've been dealt – some might say.

Let's take a look at the existing state of affairs for lesbian women and have our say – even if it's only us listening.

This particular conversation salon will delve into what it's like to be a lesbian in 2019.

MOST SUITABLE FOR LESBIAN WOMEN

SEX WORKER RIGHTS 101

CEARBHALL TURRAOIN

What is the difference between sugaring, cam work, escort, stripping, and domming? What is sex work, and what rights do sex workers have in Ireland? Why do so many LGBTQ people work as sex workers and how have recent changes to the law affected the safety of sex workers and victims of human trafficking? This workshop will discuss the parallels between sex worker rights, LGBTQ rights, and reproductive rights, and what's next for sex worker rights in Ireland.

ALPHABET SOUP

GILLIAN MCINERNEY

Alphabet Soup is the largest online collection of terms used by and about the LGBTQ+ community. This session will introduce the project and discuss the importance of language while (hopefully!) answering any questions delegates may have around LGBTQ+ language and identity labels.

PLENARY PANEL



SUZY BYRNE

Suzy Byrne used to be a queer activist but is all right now. She is a disabled lesbian woman with experience in LGBT politics in the 1990's nationally and internationally. She was a co-chair of GLEN during decriminalisation of homosexuality (yes back then) and was news editor of GCN and co-wrote a book on coming out with Junior Larkin. Suzy now works in disability advocacy and is also a board member of Irish Rail and the Irish Council of Civil Liberties.



BULELANI MFAKO

Bulelani has protested since his high school days when he had to march for textbooks and better school infrastructure. Growing up in an Apartheid ghetto, Khayelitsha in Cape Town, he soon realised that he would have to protest for access to land, adequate housing, health care, and improved policing. He has served on numerous community forums in Khayelitsha including the Khayelitsha Health Forum, Neighbourhood watch, and as a branch secretary for the Democratic Alliance. Bulelani left his native South Africa due to targeted killings of LGBT+ people where he lived and sought protection in Ireland. While living in Direct Provision, Bulelani got involved with MASI - Movement of Asylum Seekers in Ireland where he is campaigning for the right to work for all asylum seekers, and to end Direct Provision.



CEARBHALL TURRAOIN

Cearbhall Turraoin is Vice Chair of the Transgender Equality Network Ireland, a board member with the Sex Workers Alliance Ireland. They are also a founding member of the Irish Trans Support Alliance, coordinator of Trans Training 2013 and an organiser with LGBT Noise. Cearbhall has been particularly involved in queer activism focusing on some of the most marginalised sections of the queer community, including non-binary people and sex workers. After attending Pink Training for the first time in 2012 they have enjoyed returning to facilitate workshops and safe spaces in the years since.



THE NORTH



IS NOW



USI
Union of Students in Ireland
Aontas na Mac Léinn in Éirinn



SPEAKER LIST

**AOIFE MEAGHER - SHE/HER**

Aoife has two personality traits, being tired and gay (which most delegates will relate to during the course of Pink Training 2019). Her mother claims that her first words were Lesbian Jesus and sustainability. Music and activism being her two favourite things on earth (aside from a good cuppa) this tongue popping queen is not one to miss, and will challenge you to a dance off.

 @msgayworldwide

**NAOMI CONNOR**

Naomi Connor is Co-Convener at Alliance for Choice and an outspoken advocate of reproductive justice. As a woman who has travelled to England to access abortion care services, she has first hand experience of the difficulties that women and pregnant people are forced to endure due to Northern Ireland strict abortion regime and lack of provision. At a time of long overdue change in Ireland, North and South, Alliance for Choice welcome the recent moves towards reproductive justice, but in doing so recognise there is much to be done.

 @NaomiConnor5

**SEOIRSÍN BASHFORD - SÍ/Í (SHE/HER)**

Seoirsín has a passion for the Irish language and queer activism. Originally from Mayo, she moved to Galway to study Drama and Irish in NUIG. She is the co-founder of Anseo agus Aiteach, an Irish language discussion group in Teach Solais, and the Irish Language Officer of Galway Pride 2019 and 2020, working with the committee to make Galway Pride 2019 the first bilingual Pride in Ireland.

 @shoresheen

**DEAN O'REILLY - HE/HIM/HIS**

Former Chairperson of DCU LGTBTA ('17-'19), Dean first attended Pink Training in 2016 as a 17 year old delegate. Having been outed to his parents the night before attending, Pink Training has a firm place in his queer journey. He is a final year psychology student in DCU with interests in LGBTQ+ research. He also chairs the Mental Health Society in DCU. He believes, firmly, that ARTPOP has not received adequate recognition.

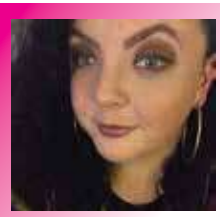
#JusticeForArtpop

 @Deaneoreilly

**CATALINA VIERU - THEY**

An incurable lover of books, chocolate and tattoos, Catalina is a polyamorous pansexual living in Dublin for the last 3.5 years. They are an online admin for the Polyamory community in Ireland and are regularly organizing support meetings and social events for polyam people. They like exploring the human mind and the relationship dynamics between people. Obsessed with making lists, puns and Harry Potter references. #JusticeForArtpop

 @owl_b_here

**CLARA BARRY - SHE/HER**

Clara is an intersex activist promoting a movement for bodily autonomy and justice. Her goal is to deconstruct the dangerous myths that lead to violations of intersex people's human rights. If you've ever wondered what the 'I' in LGBTQI+ really means, and want to learn in a non - judgemental, from - the - top format, then this is a talk worth attending.

**GILLIAN MCINERNEY - THEY/THEM**

Gillian is a seasoned workshop facilitator of over 10 years and this is their 7th year hosting workshops at Pink Training. A recent graduate of DCU Gillian is embracing the sheer terror of trying to create a career that encompasses their passions (LGBTQ+ community building, workshop facilitation, good sex education) while also allowing them to pay rent and feed their pets. Gillian is the curator of Alphabet Soup, a guide to the words and terms used by and about the LGBTQ+ community.

 @gillmac

**FINN MAC MUIRIS - HE/HIM**

Finn is a third year student in NUIG and proudly puts the trans in Irish Translation Studies. He is one of the co-founders of Anseo agus Aiteach, an Irish language ciorcal comhrá for the LGBT+ community. He also volunteers for LGBT Ireland, was the secretary of GiGSoc, NUIGs LGBT+ society last year and is the current Social Media Officer for Galway Community Pride 2020. His hobbies include long walks on the beach, grassroots activism and Irish grammar.

 @tuislfinnideach



LUKE DALY - HE/HIM/HIS

Luke can be described as an unapologetically queer activist. Originally born and raised in Limerick, he took Dublin by storm, from being a Co-Founder of the This Is Me Trans Healthcare Campaign, Chairperson of the Colours LGBTQ+* Society, Previous Welfare Officer of what was ITB Students' Union & whatever else was written on the bathroom doors of your local queer club. He's a potty mouth by trade and strives to be an international gobshite. Known to stir the pot! Warning; steer clear when hangry!

Luke lives his life under these mantras:

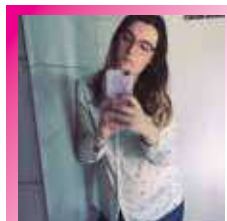
"Strive for equity over equality because your minorities make up the majority, every voice counts."

"Exposure is the best educator, so go forth and educate yourself and go outside of your comfort area."

"And I Oop, sksksksksksksksksksks"



 @TheDukeLuke

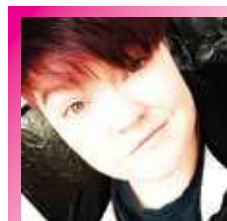


KATE O'RAFFERTY - **SHE/HER**

She has bad taste in movies, music, fashion, and men, but great taste in supporting her community. Kate is the company secretary of the Irish Trans Support Alliance, and you may have seen her yelling at the odd trans rights march.

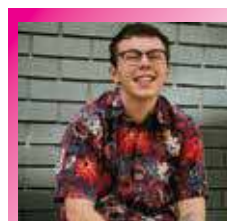


 @stinkbabe



STEPHANIE FOGARTY - SHE/HER

Steph is the current Ms Gay Ireland and has a background in Community Development and Student Welfare. She has facilitated workshops on body positivity both Nationally and Internationally. She loves to dance so don't be afraid to take her on!



ROB NOON - **THEY/THEM**

Rob is a keen gardener and full-time homosexual at the National Union of Students UK. They co-host political education podcast "Keeping it Queer" and want to build a world without borders, prisons and boys who don't text back.

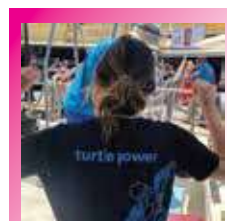


 @dozenrobins / @nus_lgbt



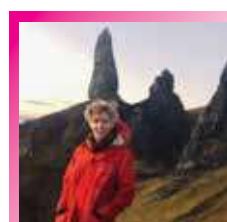
CAMERON KEIGHRON - THEY/THEM

Cameron has been extensively involved in activism and advocacy for the past 7 years. They're the Chairperson of AMACH LGBT+ and help to run Teach Solais: An LGBT+ resource centre. Cameron has worked tirelessly to give the Trans and Non-Binary community more visibility and acceptance in the West of Ireland. Cameron is a passionate fencer, injury sufferer and chess player. Their impressive juggling skills allows them to manage everything with "minimal stress". They describe themselves as a camp hipster twink, and their proudest accomplishment is being awarded "best dressed" at a cowboy party, a high they've been chasing ever since.



DARCY LONERGAN

Darcy Lonergan is currently the Energy & Sustainability Manager at USI. She has worked in the activism/environmental field for over 10 years. Previously working at Amnesty International Ireland & Greens/EFA in the European Parliament, NWCI.



DANIEL MCFADDEN - HE/HIM

Daniel is originally from Philadelphia, USA, but moved to Galway at 18 to study at NUI Galway. He enjoys travelling abroad through Europe, America, and Africa. You can find him on the weekends in the Dublin Airport of holding on for dear life on ferries to islands. Daniel was a member of NUIG's LGBTQ+ society committee and involved in the NUIG SU as International Student Officer previously. Daniel notices small differences in the LGBTQ+ community from around the world and enjoys learning about how different parts of the world have integrated the LGBTQ+ community.



 @dmcfaddengalway

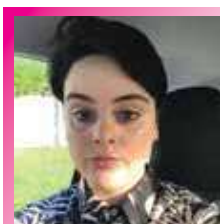
**ROB PARTRIDGE - HE/HIM**

Rob is a qualified and accredited Life & Executive Coach, and enables his clients to set their own goals and agenda and work towards positive outcomes. He is an accomplished public speaker having appeared around the world discussing a wide variety of topics from the inequality that some minority groups live with and to the issues surrounding mental health care.

His career path has followed two distinct paths: journalism/media (writing mostly technical reviews of movies and lifestyle pieces about the LGBT+ community) and healthcare, and he has enjoyed work as a freelance journalist, writer, stage/floor manager and film editor as well as nursing in a busy A&E department, a surgical ward and working for the ambulance service in the UK.

He likes to challenge himself and this has led to many exciting experiences including hitchhiking to the Pyrenees from Birmingham. At the weekends he can be found either on the ground at parkrun or in the air in a Cessna 172.

 [@TheRobPartridge](https://twitter.com/TheRobPartridge)

**SHAUNA MONAGHAN - SHE/HER**

Shauna is an assistant psychologist who has a keen interest in the mental health of LGBT+ people. She is the coordinator of the Galway branch of LGBT Ireland and has been with the organisation for four years. Shauna is also known for her love of oversized shirts, denim jackets and Casio watches. Aka a big ole lesbian.

**ANNA DOWLING - HE/HIM**

Anna's interest in sexual health education first began due to the lack of sexual health information available for queer people. During her undergraduate degree in Midwifery in Trinity College she gained knowledge about women's rights issues and sexual health and wellbeing. Anna followed this by completing a masters in Sexuality Studies in DCU where she studied LGBT social issues, feminism, digital activism and sexual health. She also completed a course in sexual health education with HIV Ireland. She is now facilitating the Mná Grá workshop which provides sexual health information for women* who have sex with women*.

 [@Anna_Dowl](https://twitter.com/Anna_Dowl)

**ROSIE WHITE - THEY/THEM**

Roe has been the gay dad of a gaggle of gays for almost 3 years now and they would not have it any other way! They were previously the Vice Chairperson for the DIT LGBTQ+ Society while also being involved with DIT Students' Union for the past 2 years. They promise to create an exciting interactive workshop with a focus on strong passions for both LGBTQ+ activism and Music. Keep an eye out for their fabulous blue hair and feel free to come say hello!

 [@HereWeROE](https://twitter.com/HereWeROE)

**DI AND RAYANN - THEY/THEM | THEY/THEM**

Black Pride is a newly founded organisation aimed to bring about community and refuge for the Black LGBTQI+ community in Ireland. The main aim is to find a space in society where they feel like they can exhale and be themselves away from the gaze and hold white supremacy holds on us.

 [@blackprideire](https://twitter.com/blackprideire)

**DAVY QUINLIVAN - HE/HIM**

Davy is a student and activist living in Dublin. He has campaigned with USI, Together For Yes, Yes Equality and ACT UP Dublin on issues such as reproductive justice, sex ex reform, PrEP access, homelessness, HIV and others

 [@tinydavyq](https://twitter.com/tinydavyq)

**CAM LYTTLE - HE/HIM**

Cam comes at community organising and activism from a DIY base, believing that the capacity evident in our communities and groups is everything we need to realise ideas or changes we want to see. He has applied this with the referendum campaigns in 2015 and 2018, LGBT youth groups, and is currently working to bring pride back to Waterford as part of Pride of the Déise.

**LISA CANNON - SHE/HER**

Lisa Cannon is a 27 year old freckle faced bisexual from the hills of Donegal. Lisa is currently working for youth work Ireland and previously worked for Teach Solais LGBT+ resource centre here in Galway City. She has a great passion for working with young people, students and the LGBT+ community. She also has a great fondness for vintage oversized shirts and cuffing her trousers

**CIARA NÍ É - SÍ (SHE)**

Spoken word artist Ciara Ní É (rhymes with Queera Ní Gay) has performed internationally in New York, Brussels, Sweden, agus ar fud na hÉireann. I measc a cuid coimisiúin áirítear The Irish Writers Centre, RTÉ TV, BBC Radio, agus TG4. A Twitterer and a YouTuber, in 2018 bhuaigh sí 'Feachtas Meán Sóisialta na Bliana' ag Gradaim Chumarsáide an Oireachtais as an bhfeachtas #NíSéCGL a thosú. Ise a bhunaigh REIC, an oíche spoken word ilteangach, agus ba mhaith léi do chuid filíochta a chloisteáil!

 [miseciara](#)

**ALEXA MOORE - SHE/HER**

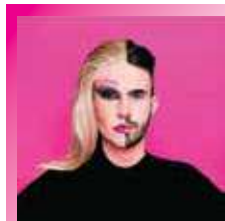
Alexa is a trans woman and human rights defender based in Belfast, Northern Ireland. She founded the Gender-Jam Newry support group in 2016 and has worked since then to improve access to support and other services for trans people across Northern Ireland. Alexa is a founder and Director of TransgenderNI, a not-for-profit which advocates for the rights of trans people in Northern Ireland, where she focuses on regional, national and international policy and human rights work. Her current work includes individual advocacy, healthcare policy development and awareness raising.

 [@alexadotm](#)

**HANNAH KELLY - SHE/HER**

Hannah is the current GetAHEAD Co-ordinator at AHEAD, an organisation that works to support students and graduates with disabilities. In her role with AHEAD, Hannah has worked to train USI officers, Student Unions and Club & Societies Committee Members on disability awareness and accessibility. As a queer woman, Hannah understands the deep importance of community and allyship. Formerly a committee member on an LGBTQ+ society, she wants to educate more people on the intersection of disability and queer identities, so all feel included and can access our aspects of LGBTQ+ spaces.

 [@hanlouwho_/@aheadireland](#)

**EOIN LENIHAN**

Eoin is a drag artist that goes by the name of Donatella. He has been doing drag for three years on the Galway scene. He likes to think he takes inspiration for his from experienced queens as well as up and coming queens. Eoin says all drag is valid! "Drag isn't a box, it's an explosion of colour and creativity"

**OSCAR JAMES - HE/THEY**

Oscar is a silly nerd who loves playing games, endless wikipedia dives, and is an armchair tea connoisseur despite the distinct lack of caffeine in his life. He has been giving LGBT workshops for 6 years, and loves to challenge societal assumptions. Prepare for some deep diving! I hope to help people understand the world around them more, and have a laugh along the way :)

**AOIBHIN KEIGHRON - SHE/HER**

Aoibhin is the chairperson of Galway Community Pride. Since moving to Galway she has got involved with as many LGBT+ volunteering opportunities as possible. She is dedicated to balancing her crazy life as a beautician, student and chair of pride. And she thinks a balanced breakfast is 3 fig rolls. She also has an obsession with Miley Cyrus, who once tweeted her!

 **AISLING CUSACK - SHE/HER**

Aisling is no newbie to USI, to Pink Training or to the lesbian world. She was 2 years a USI officer, 4 years a students' union officer, 6 years at Pink Training and has spent her last 10 years 'out and proud'. She's a firm believer that you can never really figure out who you are and that there is no rush to do so. Aisling is back this year hoping to not only contribute to your experience but also learn something from this year's PT attendees as every day is an opportunity to learn something about yourself. Currently working as a public affairs consultant, the Dublin native is scrupulous in nature and very opinionated, spending her days hating rogue landlords but loving life nonetheless.

 [@ashqzack](#)

 **CATHAL SHERLOCK - HE/HIM**

The first time Cathal attend PT, it was back 2014 where he found crying his eyes out during the Marriage Equality plenary session. Within 6 months of that event, he had become an active campaigner/founder for YesEquality Galway and was elected onto NUI Galway Students' Union. He went on to become the VP for Education for NUIGSU in 2016/17 and was actively involved in canvassing for Repeal. Nowadays, he hacks at protests about Climate Change and Direct Provision and can be found in a pub in the West End of Galway having a pint!

 [@ChazSherlock94](#)

 **NOAH - HE/HIM**

Noah Halpin is a 28 year old transgender man from North County Dublin.

He is the founder of the This Is Me - Transgender Healthcare Campaign, working hard to improve trans specific healthcare for all transgender/non binary people in Ireland. This includes access to trans specific physical health, mental health and sexual health. He works closely with the Dept of Health, the HSE, organisations and the trans community to achieve this. Also a member of ACT UP Dublin, he is passionate about working towards ending the HIV crisis in Ireland and spreading the U=U message (undetectable means Untransmittable).

Noah's claim to fame is knowing the entire Lion King script off by heart.

 [@Noah_Halpin](#)

 **ANNA KEOGH - SHE/HER**

Anna is a Relationships and Sexuality Educator who holds a degree in Psychology and a masters in Sexuality Studies. She sits on the board of directors with ShoutOut, an LGBTQIA+ charity, and this is her fourth year at Pink Training. Anna likes her workshops to be interactive, fun, and a little bit filthy. She has a "no filter" approach to teaching sex ed so if you ask a question, be prepared to receive the honest, no frills, factual answer.

 **SARAH CLAFFEY - SHE/HER**

Hi, my name is Sarah. I'm 25 and have spent the last four years working as a youth worker. I'm currently doing a Post Grad Certificate in Sexuality and Sexual Health Education. You might not believe it looking at me now but I have had my hair every colour that I can think of.

 **PATRICK MILLER**

Zimbabwean playwright, performer and minority rights activist currently studying towards an MA in Public Advocacy and Activism at the National University of Ireland Galway.

 **SHARON NOLAN**

Sharon is an activist and campaigner based in the West of Ireland. She's a coordinator for Bi+ Ireland and has been involved with local and national campaigns regarding LGBTQ+ rights, reproductive rights, housing rights, and even ran in the recent local elections in Galway city. This rainbow riot of a human is always fighting to make the world a better place in ways big and small, and spends her spare time devoted to the latest Pokémon game.

 [@shar_nolan](#)

THE

GAY

TEAM

(LIKE THE A TEAM BUT BETTER)

**DARREN MALONE - HE/HIM**

Darren is this year's Vice President for the Southern Region, otherwise known as the 'Saucy South'. He previously served as the Vice President for Welfare in WIT Students' Union (Up the Déise!) and loves to have a good chinwag about anything really.

He can be described as a Love Island and a Coronation Street fanatic, he has a good set of eyebrows and loves lip balm - especially the aloe vera vaseline.

**RÓISÍN O'DONOVAN - SHE/HER**

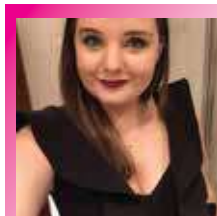
Róisín is as straight as her curly hair. She is your Vice President for Welfare of USI this year and this will be her 5th Pink Training! She's very passionate about mental health, loves running, cycling and is a big coffee snob (someone plz buy me a coffee). I think you're all deadly and don't forget to eat your veg.

**KEVIN MCSTRAVOCK - HE/HIM**

Kevin is the Vice President for Academic Affairs, and token Nordie on this year's USI team. As well as being the unashamed nerd of the team, Kevin's interests include eyerolling about Brexit, slagging off Craig McHugh and having general notions (he often starts his morning with a Chai Latté). Also very much enjoys coming from the North.

**BRANDON WALSH - HE/HIM**

Brandon is the Vice President Welfare and Equality Officer in NUIGSU. His favourite things are screaming into megaphones, coffee and memes. He is known for his curly hair and big butt.

**MICHELLE BYRNE - SHE/HER**

Michelle is always campaigning about something, it's literally her job.

She is so politically left, she will only ever turn left at road junctions.

She is convinced Leo Varadkar doesn't know he's a gay man.

She is always on about Waterford, we think she went to college there once. We can't remember - she's been around the student movement for a while!

Loves cheese, wine and thinks Halloween is the best festive celebration.

Used to bi-erase herself so hard that she didn't realise she was doing it until she attended a session on bi-erasure at Pink Training. So here she is being visible!

**OISSÍNE MOORE - HE/HIM**

He has been the auditor of GiGSoc for nearly two years now, as well as the current Societies Chairperson on NUI Galway's Students' Union. (He's also in third year so he has more on his plate than a Christmas Dinner). You will find him running around campus with Maeve Arnup linked arm in arm, who with the help of Maeve and the GiGSoc committee, carried out the first ever on-campus Pride Parade in Ireland! Photo Credits: © Arielle Croitor

**ROBERT MURTAGH - HE/HIM**

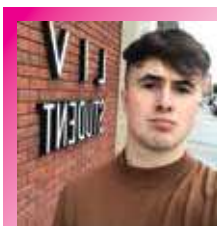
I am the current President of NUS-USI, the student movement of NI. I was previously Activities Officer at QUBSU, and have been involved in student activism throughout my time at Uni campaigning on issues such as fossil free QUB, solidarity with Palestine and opposing cuts. In my current job my main goals are fighting for free and accessible tertiary education, stronger Unions and making NI a more equal place. This is my 2nd time at Pink Training and it's a pleasure to be back!



MARIE LYONS

- SHE/HER

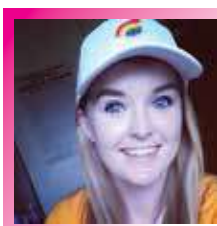
Marie is this year Vice President for the Border, Midlands and Western region of USI, commonly known within the BMW region as the Vice President for Bring Me Wine. Marie is a tea addict, who is known to enjoy a wee tea and chats session. Marie is a proud Tipp woman who's been lost in the Wesht for the last 6 years.



CRAIG MCHUGH

- HE/HIM

Born and bred in Drogheda, reared in the back arse of Louth and schooled in Fundalk, now a raging homosexual at his first Pink Training. Craig hates neo-liberalism and loves housing. Don't mention the letters P,B,S or A at this event or he and Michelle will appear beside you with a megaphone and signs ready for a demonstration. McHugh is the chap who loves stuffing his face (you'll likely see him running about the place looking for somewhere to heat up his rice or signature chicken-pasta dish). The VP Dublin man also loves pints of plain so if you do smell something dodgy in the room point the finger at Darren, cos we all know what Carlow boyos are like. Come chat to Craig about anything at anytime and if you're a little shook, he'll happily give you one of his big hugs.



CLÍODHNA NÍ DHUFAIGH

- SHE/HER

Gaelach, aiteach agus feimineach go smior. An dá rud is ansa le Clíodhna sa saol ná an Ghaeilge agus a bheith déghnéasach. Defender of Peig, An Triail, and Yu Ming. The official messer and meme master of the USI Exec Team, this is Clíodhna's very first Pink Training so fear not if you're also a newbie, just smile and act like you know what's going on (which is how I've been carrying out my job so far). Clíodhna is the epitome of a stereotypical student activist in that she came out as bi and then ran for USI Exec Team within a week of each other.



SARA DOWLING

- SHE/HER

Sara is an independent curator, and USI Vice President for Postgrad Affairs. A Fine Art graduate and former SU President at LSAD, she went on to complete an MA in Curatorial Practice. She's worked with several international art organisations and curated many independent projects in Ireland, but for now is focused on Postgrads and all that comes with it. She is based in Limerick, but loves travelling - easily convinced to hop on a plane at short notice! Can also be found binge watching Friends or pulling a damn good pint of Guinness.



CIARÁN WATTS

- HE/HIM

Think of Ciarán as your Bisexual Big Brother. He is the current VP Welfare and Equality in Maynooth SU and used to hate when people called him Queerán... but then he realised that that name was pretty accurate. You'll know he's near because you'll hear him before you see him, and you can catch him on the dancefloor showing off a deathdrop or something! He's super friendly so make sure to say hi and bi to him!



SIOBHAN HOWE

- SHE/HER

Siobhán, President of Lyit SU. Been a lesbian for as long as I can remember. An active member of the LGBT+ Society since the very first meeting.

This is my 3rd pink training and I could not be happier to be part of it and to meet you all!



JOSEPH KAVANAGH

- HE/HIM

Hey Guys, Gals and Non-Binary Pals! My name is Joe, I'm a writer and love all things education! My first Pink Training was in 2017 and it was an amazing experience that I will carry with me forever. I made friends for life and learnt many amazing lessons that I have carried into my job and beyond. I hope this experience is everything and more for you. If you see me throughout the weekend please come say hi and let me know if there's anything I can do to make your time here the best it can be.



HAMSAVANI RAJESWAREN

- SHE/HER

Hamsavani is a passionate social justice activist, and has spent her time in the student movement focussing on liberation campaigns and minority representation. Her work in the North has been focussed on reproductive justice, anti-racism and working closely with liberation groups to increase their visibility, and tackling the hurdles they face in society and education. Hamsavani has been named UK's 9th most influential woman in The Tab & JP Morgan's Future 100. She is currently the Equality & Diversity Officer at Queen's University Belfast Students' Union, and also works closely with NUS UK & NUS-USI, the national students' unions representing NI students on a national level.



MEGAN REILLY

- SHE/HER

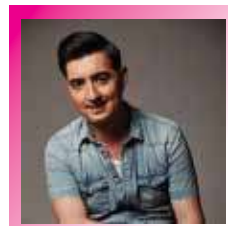
From the majestic land of Drogheda (the biggest town in Ireland, she'll have you know), Megan is now officially a PT Veteran. A previous committee member of GiG Soc, she spent a whirlwind two years in NUIGSU, as a Welfare Officer and then President. She is overjoyed to be returning to home turf for PT19. Passions include reading, playing badminton and complaining about bi erasure.



CALLAGHAN COMMONS

- HE/HIM

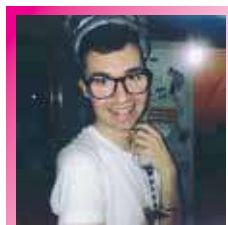
Hi, Cal will be your pal this weekend. Cal is currently the Vice President for Academic Affairs in DCU Students' Union but I swear he is fun...Cal's not really that into boys. More so of men. Cal loves men. Ohh and Ariana Grande too. So do make sure to stop him to say hi and have a chat, it's gonna be great weekend!



KONRAD IM

- HE/HIM

Konrad is the Chairperson of CIT LGBT* Society and studies Community Development in CIT. He's a Volunteer Leader for UP Cork LGBT+ Youth Group, Volunteer with Gay Project, Vice Chairperson and Events Coordinator for Cork LGBT+ Pride Festival, among others and a former Mr Gay Ireland.



ALEX O' MEARA

- HE/HIM

Alex is a 25 year old bi guy from Tipperary. He's currently in a film studies MA in NUI Galway and working part time as a receptionist, as well as the Treasurer for Galway Pride. He drinks way too much coffee and watches way too many films. He aspires to be as sassy as Emily Blunt in The Devil Wears Prada.

PINK TRAINING

TRAENÁIL BHÁNDEARG 29TH NOVEMBER- 1ST DECEMBER
NUI GALWAY

ELECTRIC
WELCOMES
PINK
TRAINING
2019



Union of Students in Ireland
Aontas na Mac Léinn in Éirinn

FREE ENTRY ALL WEEKEND FOR PINK
TRAINING DELEGATES WITH WRISTBAND

LGBTQ

LESBIAN
GAY
BISEXUAL
TRANSGENDER
QUEER



SEX

A person's sex is biological; chromosomes, hormones, sex organs. Male, female, intersex

GENDER

Not biological, can be self-identified. A person's identity as male, female, both, neither



SEXUALITY

A person's sexual orientation. Can also relate to their capacity for sexual feelings



ASEXUAL/ACE

Someone who does not experience sexual attraction. But can experience romantic attraction



ALLY

Any Heterosexual / Cis person who opposes transphobia and homophobia and actively supports LGBTQ individuals and causes



BISEXUAL

Someone who is attracted to people of two or more genders



CISGENDER

A term used to describe those who are non-transgender – having a gender identity that matches the gender they were assigned at birth



GAY

A man who is attracted to men, also can be used as an umbrella term for all LGB people



INTERSEX

Refers to individuals who are born with sex characteristics (such as chromosomes, genitals, and/or hormonal structure) that do not belong strictly to male or female categories, or that belong to both at the same time



LESBIAN

A woman who is attracted to other women



NON-BINARY

An umbrella term for gender identities that fall outside the gender binary of male or female. This includes individuals whose gender identity is neither exclusively male nor female, a combination of male and female or between or beyond genders



PANSEXUAL

A sexual, romantic or emotional attraction towards people regardless of their sex or gender identity



QUEER

Not heterosexual. Originally used with negative connotations, but is currently being reclaimed by many within the LGBT community. Can be used as an umbrella term



TRANSGENDER/ TRANS

Used both as an umbrella term and as an identity. Broadly, it refers to those who do not identify with the gender they were assigned at birth

LADTA

LEISPIACH
AERACH
DÉGHNÉASACH
TRASINSCNEACH
AITEACH



GNÉAS

Baineann gnéas an duine le bitheolaíocht:
crómasóim, hormóin, gnéasorgáin.
Fireann, baineann, nó idirghnéasach

INSCNE

Ní bhaineann inscne leis an mbitheolaíocht.
Is féidir inscne a fhéinaithint freisin: baineann,
fireann, an péire acu, agus ceachtar acu

GNÉASÚLACHT

Gnéaschlaonadh an duine. Seans go
ndéanann sé tagairt do chumas an duine
mothúcháin gnéasúla a bheith acu



ÉIGHNÉASACH

Duine nach mothaíonn tarraingt ghnéasúil. Is féidir
leo tagairt rómánsach a mhothú, áfach



COMHGHUAILLÍ

Duine heitirighnéasach nó cis-inscneach a sheasann i gcoinne homafóibe nó trasfóibe,
agus a thacaíonn ar bhealach gníomhach le daoine LADTA agus a gcúiseanna



DÉGHNÉASACH

Duine a mhealltar ag inscne éagsúla (dhá inscne nó níos mó, go hiondúil)



CISINSCNEACH

Téarma a úsáidtear chun cur síos a dhéanamh orthu siúd nach bhfuil tras-inscneach; i.
mhothaíonn siad compordach leis an inscne a leagadh orthu ag am na breithe



AERACH

Fear a mhealltar ag fir eile. Is féidir an téarma céanna a úsáid mar scáth-théarma do dhaoine LAD



IDIRGHNÉASACH

Téarma a dhéanann tagairt do dhaoine a rugadh le sáintheirithe (mar shampla,
crómasóim, gnéasorgáin, nó/agus struchtúr hormóin) nach bhfuil infheidhme go díreach
do chatagóirí baineann nó fireann, nó atá infheidhme sa dá chatagóir ag an am céanna



LEISPIACH

Bean a mhealltar ag mná eile



NEAMH-DHÉNÁRTHA

Scáth-théarma d'fhéiniúlachtaí inscne nach bhfuil páirteach sa dénártha inscne de 'fhireann'
agus 'bhaineann'. Clúdaíonn sé seo na daoine a bhfuil féiniúlacht nach bhfuil go hiomlán
baineann nó fireann acu, daoine a bhfuil féiniúlacht fhireann agus bhaineann acu, nó a bhfuil
féiniúlacht idir nó os cionn na n-inscne



PAINGHNÉASACH

Tarraingt ghnéasúil, rómánsach, nó mothúcháin do dhaoine,
neamhairdeallach i dtaobh féiniúlacht inscne nó gnéis an duine sin



AITEACH

Duine nach bhfuil heitirighnéasach. Baineadh úsáid as an téarma seo ar bhealach diúltach,
ach anois tá an focal in úsáid ag neart taobh istigh den phobal LADT. Is féidir an focal a
úsáid mar scáth-théarma freisin



TRASINSCNEACH/ TRAS

Baintear úsáid as an téarma seo mar scáth-théarma agus mar fhéiniúlacht. Ar an iomlán,
déanann an focal tagairt dóibh siúd nach n-aithníonn siad féin leis an inscne a leagadh
orthu ag am na breithe



WE'VE GOT A SPECIAL PARTY
COCKTAIL LINED UP FOR SATURDAY NIGHT

Exclusive to Pink Training Delegates



PINK SHERBET COCKTAIL €5.95
OR 2 FOR €10 WITH AN SU CARD



NUI Galway
Students' Union
Comhaltas na Mac Léinn
OÉ Gailbhíh



Union of Students in Ireland
Aontas na Mac Léinn in Éirinn

Over 18's only • ID required



AIDS West are a West of Ireland based charity working in the area of HIV and sexual health - our offices are located in Galway. Our primary function is to provide support for people living with HIV and we also deliver extensive education programmes and information in relation to HIV and sexual health.

AIDS West are offering Free Confidential Rapid HIV Testing at PINK Training

Friday 29th Nov from 4:00pm-6:00pm

Saturday 30 November from 11:00am-4:00pm

What is Rapid HIV Testing?

Rapid HIV testing differs from conventional HIV testing in that:

- Results of the test can be ready in minutes
- HIV testing, counselling and referrals can be completed in one visit

Why encourage testing for HIV?

- The sooner a person with HIV is aware of their HIV status the better access they have to treatments. The effectiveness of the treatments results in longer life expectancy and better health outcomes for people with HIV
- Recent research estimates that approximately 10% of people in Ireland do not know their HIV Positive status.
- Recent statistics from Ireland indicate that many people are testing and being diagnosed late, when their immune system is weakened. A weakened immune system can result in unnecessary infections and may result in fewer types of medicines being suitable for their treatment for HIV



www.aidswest.ie

www.bewiser.ie

We are changing our name to 'Sexual Health West' from 2020

**PEOPLE ON EFFECTIVE HIV TREATMENT
WITH AN UNDETECTABLE VIRAL LOAD
CANNOT PASS ON HIV DURING SEX.**

UNDETECTABLE = UNTRANSMITTABLE



@ PINK TRAINING 2018

#UEQUALSU

NOTES

NOTES

YOU BETTER NET-WERK

NAME

NUMBER

EMAIL

SOCIALS

SOCIALS

“HOPE IS A SONG IN A WEARY THROAT”

-PAULI MURRAY

**“NEVER DOUBT THAT A SMALL GROUP OF
THOUGHTFUL, COMMITTED CITIZENS CAN CHANGE
THE WORLD; INDEED, IT'S THE ONLY THING THAT
EVER HAS”**

- MARGARET MEAD

**“HUMAN RIGHTS ARE INSCRIBED IN THE HEARTS OF
PEOPLE; THEY WERE THERE LONG BEFORE LAW-
MAKERS DRAFTED THEIR FIRST PROCLAMATION.”**

- MARY ROBINSON

**"EVERY DAY MAY NOT BE GOOD, BUT THERE IS
SOMETHING GOOD IN EVERY DAY."**

**“I NEVER HAD ANY INTEREST IN BEING INVISIBLE, OR
BEING ERASED”**

- LAVERNE COX

**“...AND THAT VISIBILITY WHICH MAKES US MOST
VULNERABLE IS THAT WHICH ALSO IS THE SOURCE
OF OUR GREATEST STRENGTH.”**

- AUDRE LORDE

'AITHNÍONN QUEER-ÓG QUEER-ÓG EILE'



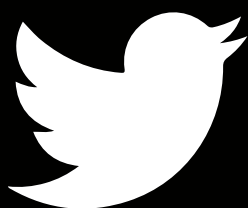
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#PinkTraining19



Union of Students in Ireland
Aontas na Mac Léinn in Éirinn