



# CODE OF CONDUCT

USI PINK TRAINING IS AN ENVIRONMENT THAT IS CONDUCIVE TO EXPLORING AND LEARNING ABOUT ISSUES RELATING TO SEXUALITY AND GENDER IDENTITY. IT'S OF UTMOST IMPORTANCE THAT USI PINK TRAINING IS A SAFE SPACE FOR ALL DELEGATES AND THAT EVERYONE CAN FEEL COMFORTABLE TO BE THEMSELVES.

ALL DELEGATES ARE ASKED TO AGREE TO AND ABIDE BY THE FOLLOWING CODE OF CONDUCT:

- EVERY DELEGATE MUST BE RESPECTFUL TOWARDS FELLOW DELEGATES, SPEAKERS AND THE STAFF IN THE HOSTELS AND COLLEGE
- PLEASE BE AWARE AND RESPECT EACH DELEGATE'S BOUNDARIES- NO ONE SHOULD FEEL OR BE PRESSURED INTO PARTAKING IN ANY ACTIVITY THAT THEY ARE NOT COMFORTABLE WITH
- EACH DELEGATION LEADER IS ULTIMATELY RESPONSIBLE FOR THOSE IN THEIR GROUP
- IF ANYONE IS FOUND WITH ILLEGAL SUBSTANCES, THEY WILL BE SENT HOME IMMEDIATELY, FURTHERMORE APPROPRIATE ACTION WILL BE TAKEN
- EVERY DELEGATE IS ASKED TO RESPECT THE PEOPLE SHARING THEIR ROOM IN THE HOSTELS.
- PLEASE SHOW RESPECT TO PEOPLE'S PREFERRED PRONOUNS E.G. HE/SHE/THEY

- NOBODY HAS TO SHARE THEIR SEXUAL ORIENTATION OR GENDER IDENTITY AT ANY POINT AND NOBODY SHOULD MAKE ANYONE FEEL THEY HAVE TO CHOOSE OR DISCLOSE THEIR IDENTITY, PERSONAL INFORMATION OR DO ANYTHING THAT THEY ARE NOT COMFORTABLE WITH
- THERE IS NO SMOKING INSIDE THE HOSTELS
- DEROGATORY LANGUAGE TOWARDS ANY SEXUALITY OR GENDER IDENTITY WILL NOT BE TOLERATED AT PINK TRAINING
- REMEMBER THAT NOT EVERYONE IS 'OUT' AT PINK TRAINING SO PLEASE DON'T TAG ANYONE IN PHOTOS WITHOUT THEIR PERMISSION
- DELEGATES ARE ASKED TO CLEAN UP AFTER THEMSELVES IN NUIG AND IN THE HOSTELS
- DELEGATES ARE ENCOURAGED TO PARTICIPATE AND BE ON TIME FOR WORKSHOPS
- DELEGATES MUST RESPECT OTHER DELEGATE'S BOUNDARIES; NO ONE SHOULD FEEL THAT THEY MUST ENGAGE IN ANY BEHAVIOUR OR ACTIONS IN WHICH THEY ARE NOT COMFORTABLE WITH
- INAPPROPRIATE AND / OR INVASIVE TOUCHING, WITHOUT INFORMED AND EXPLICIT CONSENT, WILL NOT BE TOLERATED

### A chara,

### Welcome to Pink Training 2018!

I am absolutely honoured to welcome you to NUI Galway; to an event that bursts with energy and vibrancy; one that celebrates our diversity, and has been doing so for 26 years.

Pink Training was founded in 1992, the same year homosexuality was decriminalised in Ireland. It began as an event to raise awareness of Lesbian, Gay and Bisexual issues and give officers the knowledge and understanding of what LGB students needed and what practical things could be done on campuses and further afield to improve the lives of those students.

Since then, the event has extended to over 300 delegates from colleges all over Ireland and has grown to reflect the diversity that exists within our community through the variety of workshops and content it offers.

Pink Training is a space where students come together to share their experiences, learn from others, and engage in workshops about LGBTQI+ issues, rights and activism. Whether this be your first Pink Training or not, you will always leave with a greater knowledge and understanding of the community and come up with ways to improve the lives of LGBTQI+ students on your campuses.

It's important that this event is inclusive and that we think beyond the binary and respect the sexuality and gender identities of those around us. How we express ourselves and our gender is up to us, rather than the way society may have set out for us. Whether you identify with the LGBTQI+ community or you are a proud ally, you are welcome here. Express yourself how you see fit to and remember, there is no rush to be anyone other than who you are.

It has been an absolute privilege to organise this event as your Vice President for Equality and Citizenship for 2018/2019 and to work alongside the NUIG Students' Union, GiGSoc, and Officer Board, who have been incredible help with the organising of this weekend.

When I first attended Pink Training in 2014, I was in my final year and I 100% thought that that was going to be my first and last Pink Training with the Union of Students in Ireland but little did I know then.

I spent 3 days immersed in a place that felt like home to me. For the first time ever, I didn't feel like an outsider. I didn't feel judged or othered. I felt part of a community. And I most certainly didn't want to go home.

There's a concept called a lollipop moment; it is a moment where someone said something or did something that fundamentally made your life better. I never imagined that those 3 days in Cork during what I thought was the final stretch of my time in college would have such an impact on my life.Pink Training 2014 was my lollipop moment.

The people at that event changed my life, inspired me, and empowered me. To this day many of them are still a huge positive influence in both my work and personal life.

So, my advice to you: make the most out of your Pink Training experience. Meet new people. Ask questions you don't know the answers to. Dare to be brave. Share experiences and learn from others. You will inspire those around you because of who you are. Be you. Bí bródúil.

I hope you leave Pink Training 2018 empowered and motivated to continue the fight for equality. I hope this will be an experience you will hold dearly in your heart for many years to come. I know I do.

Le bród,

# aisling x





### **AISLING CUSACK - SHE/HER**

One of USI's out and proud, Aisling is a veteran of Pink Training. Retired from the "scene" but we all know the George will always have a place in her heart. Don't be fooled by her youthful looks, this lady dances like shes had a hip replacement and can't eat a biscuit without tucking a napkin in first! A political lefty who insists she's always right - you'll see her at the bar drinking G & T's in the night.



@ashQzack



@ashqzack



### **DAMIEN MCCLEAN - HE/HIM**

Damien, also known as Gay-mien or Day-hey-hey-mien, it's fair to say he's not straight. He's this year's Vice-President for Welfare, because he's well-fair, and he has enough condoms to recreate the house from 'Up!'. By trade, he's a boring mathematician, so if anyone spots him heading outside, please usher him back into a quiet place indoors, for fear that he might interact with the public.



@USI\_welfare



@damien\_im\_straight\_mcclean



### **LORNA FITZPATRICK - SHE/HER**

The first thing you need to know about me is that I am an absolute Christmas fanatic, like in fairness, it is the most wonderful time of the year! My hobbies include chanting with (or without!) a megaphone, sipping an odd glass of vino and attempting to dance but I can't so lessons welcome!!



@USI\_South



@lornafitz3



### COLM O'HALLORAN - HE/HIM

Hey, I'm Colm - I'm the USI VP for the Dublin Region. I just graduated from Trinity College Dublin with a degree in Irish Studies. My interests include coffee, music, activism and scrolling through Twitter on my phone. If you ever need me or want to chat then pop me an email



@USI\_Dublin



@ColmFelix



### **ROISIN O DONOVAN - SHE/HER**

Roisin is the Welfare officer for the DIT Students' Union and was also heavily involved in the DIT LGBTQ+ Society.

Things she loves - cycling, travelling, coffee, hikes, food, groovy socks and girls (because all lesbians hate men right?)



@ditsu\_welfare



@rorothehoehoe



### MICHELLE BYRNE - SHE/HER

Michelle is always campaigning about something. Some might even say it's her job. USI VP for Campaigns. She never stops talking about Waterford. We think she went to college there once. [We can't actually remember - she's been around the student movement for a while!] A cheese addict. Big fan of wine and vegetables too. Not necessarily together but she'd try anything! Great at telling bizarre stories about her life but terrible at writing Pink Training bios. Or tinder bios for that matter.



@michelle\_byrne\_



@michelle\_byrne\_



### **RÓISÍN SHERIDAN - SHE/HER**

IT Carlow SU'S Welfare & Equality Officer Róisín likes to spend her time rescuing animals and trying to pet as many strange cats as physically possible (while hoping they are strays so she can take them all home). Róisín is an out and proud garlic enthusiast, and is delighted to be at her third Pink Training.



@nisior23



@nisior23



### DARREN MALONE - HE/HIM

A Born and Bred Carlow young fella but now considers himself a Waterford man at heart. Darren is an absolute student movement hack as he is a previous two term part time officer and is the current Vice President for Welfare in WIT Students' Union. He is likely to be found handing out condoms, giving out about the costs of student rent or scrolling aimlessly through Instagram. Partial to a boogie, easily wooed by a chicken fillet roll and he can't go more than 10 minutes without his lip balm.



@darrenmalone96



@marrendalone



### OLIVIA POTTER HUGHES - SHE/HER

NUS-USI President, USI & NUS UK Officer, Love Equality activist, Pro-Choice, Pro-EU, angry feminist, socialist, humanist, vegetarian and Domestic zookeeper to 9 pets



@ObvsOlivia



### **MEGAN REILLY - SHE/HER**

Originally from Drogheda (the biggest town in Ireland and she'll fight anyone who says otherwise), Megan has learned over the years to put up with the rain in the West. The current President of NUIGSU, a former Welfare Officer and Equality officer, this is her third Pink Training. She is fairly delighted to be welcoming it back to her home college, as it's an event that started her journey in the Student Movement. You'll find her over the weekend being relentlessly mocked by her SU team for the way she says 'cook' and 'book' (the correct way), or talking all things veggie, feminist and queer.



@nagemtweets



### **BRANDON WALSH - HE/HIM**

Brandon is the Societies' Chairperson on NUI Galway's Students' Union so he spends a large portion of his time reading constitutions and crying. He has mastered the "ArtHoe" aesthetic even though he's horrible at art and he also eats way too much dairy for someone who's lactose intolerant.



@lacktoesintoddlerants



@lacktoesintoddlerants



### **BARRY CLOHESSY - HE/HIM**

Barry, VP for the Border, Midlands and West welcomes you to the best region in USI! Being a very proud Cork man there's no doubt he'll reminded you he's from the rebel county over and over. After just surviving a quarter life crisis and now at the young age of 26, Barry is at his 3rd Pink Training. Barrys best features are his shite sence of humor, lucious grey hair and of course that he's from the real capital.



@USI bmw



@barryclohessy



### SÍONA CAHILL - SHE/HER

Síona is gay. Super gay. Even if she went to her first pink training as an enthusiastic ally, she came back a raging lesbian - and proud of it. She's now also (more notably) the President of the Union of Students in Ireland, having been VP Equality & Citizenship for two years and Maynooth SU VP Welfare & Equality for two years before that (because she loves equality, and fighting injustice while wearing a red power suit). She was appointed to the steering committee of the world's first National LGBTI+ Youth Strategy by Minister Katherine Zappone, and won a GALA for her work on LGBTI student advocacy. She's also ginger and from Longford, both of which are very important to her.



@AnTaobhRua



@AnTaobhRua



### AOIFE NÍ DHÉISIGH - SHE/HER

Is í Aoife an Leas-Uachtarán don Ghaeilge le AMLÉ, is é an chéad LU Gaeilge lánaimseartha riamh. Is as iarthar Contae Chorcaí í agus ceapann sí nach bhfuil aon áit níos deise ná Corcaigh. Her lifelong dream is to present the weather on TG4.



@USI\_Gaeilge



@aoife\_deasy



### **DEAN O'REILLY - HE/HIM**

The horcrux you never asked for, Dean is the Chairperson of DCU LGBTA and has fulfilled this role for just under two years.

Coming out the day before Pink Training '16, the weekend holds a special place in his heart. What's Gaga's best album? (Pssstt..it's ARTPOP)



@accidentalrainbow



@accidentalrainbow



### **NIAMH GRENNAN - SHE/HER**

Vice President for Welfare and Equality IADTSU. Former LGBTQ+Rights Officer.

Loves long power walks on the beach, a good protest and will challenge anyone to a dance off.

Dislikes the patriarchy, heteronormative assumptions and cheese (except on pizza)



### ANDREW FORDE - HE/HIM

Andrews from the Wesht, he thinks postgrads are the Besht, sure ask him more to find out the Resht



### **CLARE AUSTICK - SHE/HER**

Clare (without an "i") is the Welfare & Equality Officer of NUI Galway Students' Union. Her life consists of cats (cause they're purr fect) the colour pink, rainbows, unicorns and glitter. She is most likely to pull a door that says "push" and consume 4 cups of a coffee a day.



### OISÍN HASSAN - HE/HIM

USI HQ's resident Nordie. From Derry, NOT Donegal. Does the nerdy stuff usually, but Síona does try to make me seem less boring (for reference see a voter reg video of me struggling with a set of earphones). Loves cheese, lindt chocolate bars, Nordie things, annoying senior managers, quality assurance, and being a Nordie.



@USI\_education

# PLENARY SESSION SPEAKER: EVGENY SHTORN



Evgeny Shtorn is a civil society activist, organiser and LGBT researcher from Russia. He worked for years in a leading St Petersburg think tank, the Center for Independent Social Research, while also collaborating with such human-rights NGOs as the Russian LGBT Network and Memorial. In 2018, he was forced to leave Russia and claim asylum.

His field of work includes hate crimes against LGBT people, racism and postcolonial theory.

As an activist he is now trying to create awarness among Irish LGBT community and organizations about the situation with gender based discrimination in Direct Provision where LGBTI and victims of domestic violence are suffering the double isolation. For these purposes, he created a grassroots initiative 'Queer Diaspora' in support of people who are seeking asylum.



### SINÉAD RUANE - SHE/HER

**Board Member of AMACH!** 

When I came out at 16 I was always the gay girl within the gang. This changed when I went to my first GiGSoc event in November of 2015 when I was in second year college. I joined the committee as an OCM and shortly after was elected as the New Members Liason Officer. It was in 2015 that I went to my first PT and to say it was eye opening would be an understatement. I met so many amazing people at my first pink training that inspired me to get more involved with the community. Later that year I ran for Auditor of GiGSoc and was elected for the following two years. I enjoyed my time as Auditor and seeing the "Baby Gays" blossom into LGBTQ Activists was so rewarding knowing that as a committee we were able to provide this space for them. Coming Out is an important moment for us and I'm looking forward to running this space at this year PT.



### @nedbearswitness

### **NEIL WILSON**

AIDS west | Western Region Drug and Alcohol Task Force

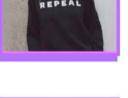
Neil has worked as the education support worker for the Western Region Drug and alcohol force for over a decade. Working with AIDS West, he has a particular interest in the commection between psychoactive substances and sexual activity.



### ANNA COSGRAVE - SHE/HER

Repeal Project | MotsBox

Anna Cosgrave - works as an assistant to Senator Lynn Ruane & sits on the European Parliment, S&D panel as the Irish representative for feminist political campaigners. She founded REPEAL project, an abortion rights outerwear inititive that supported Together For Yes, The Abortion Rights Campaign & Not At Home during the 2018 abortion referendum. Anna was nominated as one of Ashokas 10 Irish changemakers. In 2019 she will launch MotsBox, a socio-political media site & community, with a team of four. She is a new contributor of (Gay Community News) & thinks you are deadly.



### @anacosgrave



### DAVY QUINLIVAN - HE/HIM

Davy is a Queer activist with a particular interest in youth. Campaigning with Student's Unions, USI, YES EQUALITY, Together For Yes, ACT UP in Galway, Dublin and other places over the years has shaped his experience within the queer sphere of Ireland and helped shape his politics and interests. He also recently returned to education so is feeling very Drew Barrymore in 'Never Been Kissed' to be talking at this, having attended Pink Training himself over 10 years ago!



### LAOIGHSEACH NÍ CHOISTEALBHA - SHE/HER - SÍ/Í **NUI Galway**

Laoighseach (it rhymes with 'Taoiseach') was the NUIG SU Oifigeach na Gaeilge (15/16) and the USI LU don Ghaeilge (17/18). She worked with BelongTo and TENI in 2018 to publish An Foclóir Aiteach (The Queer Dictionary) which was awarded a European Language Label Award in September 2018 for language innovation. Upon leaving USI, Laoighseach was employed by NUI Galway, her alma mater, where she works as a Irish Research Council Laureate Scholar on 'Republic of Conscience: Human Rights and Modern Irish Poetry'. She co-presents the radio show, 'Bad Feminem', on Flirt FM, with Megan Reilly. Her favourite crisps are Meanies.





### ALANNAH MURRAY - THEY/THEM

**Disabled Women Ireland** 

Alannah Murray is a postgraduate researcher and disabled activist. They have spoken on the TEDx stage about disability and society, and they were a regular fixture in the campaign to Repeal the 8th Amendment. Their work in activism over the past number years has allowed them the opportunity to bring about change, being one of the co-founders of Disabled Women Ireland. They are passionate about advocating for change through the social model of disability, being particularly conscious of access to social spaces as a young disabled Bi person.



**@Wheelie Happy** 



### CATALINA VIERU - SHE/HER

Lover of ARTivism, chocolate and tattoos, Catalina is a polyamorous pansexual living in Dublin. She is an online admin for the Poly community in Ireland and is regularly organizing support meetings and social events for poly people. She likes exploring the human mind and the relationship dynamics between people.



@owl b here



### GILLIAN MCINERNEY - THEY/THEM

29. Student, DCU. Queer AF. Feminist. Facilitator of workshops. Stationary nerd. Professional procurer of podcasts. Self-care advocate. Ravenclaw. Cactus parent. The one with the colouring, Gillian has guest lectured on LGBTQ+ Issues and given countless workshops on a variety of topics, their passions being mental health, feminism and sexual empowerment. They have been facilitating workshops for 10 years and trained as a youth and community worker in Liberties College. Gillian created Alphabet Soup during a fit of procrastination and a desire to create a good resource for anyone curious or confused by LGBTQ+ terminology.





@gillmac



### ANNA KEOGH - SHE/HER

Anna is a Relationships and Sexuality Educator who holds a degree in Psychology and a masters in Sexuality Studies. She sits on the board of directors with ShoutOut, an LGBTQIA+ charity, and this is her third year at Pink Training. Anna likes her workshops to be interactive, fun, and a little bit filthy. She has a "no filter" approach to teaching sex ed so if you ask a question, be prepared to receive the honest, no frills, factual answer.





@bananas\_sex\_ed

### OSCAR JAMES - HE/THEY

Oscar is a nerd with far too many types of tea in his tiny kitchen. He enjoys going on prolongued wiki dives into oblivion, and finding the coolest of music. Every day he tries to find out something new to understand the world more, and hopes that he can help you do the same.



### LISA CANNON - SHE/HER

Lisa Cannon is a 26 year old freckle faced Bisexual from the Hills of Donegal who has been living in Galway for nearly 4 years now. She has been working in Teach Solais LGBT+ Resource Centre as a community development worker for 2 years coordinating and facilitating projects and activities such as 'LGBT Social Drop-in' 'Queer Woman's Group' and providing information and support to the LGBT+ community in the West.



### **LESLEY FITZPATRICK - SHE/THEY**

Lesley enjoys a challenge (albeit usually a drinking game) so what better way to introduce her than with 'two truths, one lie'? (1) peer-led activism and education lead to social and political change; (2) things cannot be changed for the better; and (3) young people are society's most valuable asset. Having spoken at the same podium as the Taoiseach; sat at the decision-making table for the National LGBTI+ Youth Strategy and having dedicated ten years to various LGBTQ+ groups, this young, inclusive feminist refuses to accept that things can't be changed for the better, and epitomises the fact that you can change people's lives if all you do is find inspiration and believe in yourself and the people around you.



@LesleyFitzzz



### ALICE HARTIGAN & DYLAN HENNESSY- SHE & HIM

Alice & Dylan are queer cis/trans\* couple from Dublin. Both are graduates of IADT, they met in their QSA LGBT+ Society and have been in a relationship for the last 5 years. Both were heavily involved in their LGBTQ+ society in IADT and both headed the committee during their four years in college. Alice set up the Trans\* Partners support group on Facebook and both have been active in their communities throughout the last few years. They have given workshops at Pink Training in the past, discussing the ins and outs, and ups an downs, of dating and relationships as transgender and cisgender people. They aim to provide a safe space for questions and encourage group discussions on this topic.



### SHARON NOLAN - SHE/HER

Bi+ Ireland

Sharon is a queer activist from the West of Ireland. She is a Galway co-ordinator for Bi+Ireland, volunteers with the LGBT Ireland and Galway Community Pride, is an avid pro-choice campaigner, and an outspoken feminist. She's also an election candidate for the 2019 local election in Galway, which she is equally excited and terrified for!



@shar\_nolan



### STEPHANIE FOGARTY - SHE/HER

Ms Gay Ireland

I am the current Ms Gay Ireland (18/19), a former VP Welfare in CITSU and a long time activist and volunteer among my local LGBTQI+ community. My main things I like to focus on is Mental Health but also Body Positivity. #JustBeYou and embrace everything about yourself. I am also a massive Spongebob fan and I love to have a wiggle on the dance floor:D



@minxystephanie



### LAURA HARMON - SHE/HER

**National Women's Council of Ireland** 

Laura Harmon is the Women in Leadership Coordinator of the National Women's Council of Ireland and works to reform structures and culture that will enable women's progress in politics, boardrooms and senior positions in the public and private sector. She was the Mobilisation Team Lead for the Together for Yes referendum campaign. Her work with Together for Yes included organising a national conversations tour that visited every county in Ireland, coordinating the Get Out the Vote phase of the campaign as well as working closely with many local TFY groups. Laura was president of the Union of Students in Ireland in 2014/2015 during the marriage equality referendum in which USI played a leading role. She was Equality and Citizenship Officer with USI from 2012-2014 and had the privilege of organising Pink Training twice. Laura is a former board member of the National LGBT Federation (NXF).





### SEÁN FRAYNE - HE/HIM

**BeLong To Youth Services** 

Sean has been both young person and youth worker in BeLonG To. He has helped develop the man2man campaign and delivered National Peer Educator Training annually for the last 4 years to help develop the facilitation skills of young LGBTI+ around the country and is currently in his final year studying Community and Youth Work in Maynooth University. He created the In The Know program which targets young GBT men aged 17-25 to arm them with the skills they need to protect themselves in the areas of HIV, STI's and personal development.



@seanfrayne



### ALEX COUGHLAN - THEY/THEM

Alex is NUIG SU's current (and first) Gender and LGBT+ Rights Officer. Being non-binary, bisexual and asexual, they have been known to refer to themselves as the holy trifecta of invisibility. They have worked both within NUIG, and the wider Galway LGBT+ community, delivering workshops and talking about being queer. They have enjoyed every moment of queer, feminist, pro-choice activism since they got to college, and have no notion of stopping soon. They also love the oxford comma, chocolate, and student engagement policy!



@AggressiveShort



### JAMES RAMSAY - HE/HIM

**Procter & Gamble** 

At the young age of 26 I lead all P&G Oral Care Initiatives for the EiMEA Region. My aim is to candidly share the trials, tribulations & soaring highs of my personal and professional journey as a member of the LGBT community who navigated through a heteronormative university degree & multinational conglomerate. I believe that my accelerated success wouldn't have been possible if I didn't bring my full self to work and I hope my story, my colleague's story's and workshop will provide you with the confidence and skillset to enter the working world while remaining true to your authentic self.



@jramsay92



### **ROB PARTRIDGE - HE/HIM**

LGBT Ireland/National LGBT Helpline | Amach | Galway Pride

Rob is overweight, overworked and over Brexit. Through life experience Rob has mastered the art of self-care and looking after his mental health and has spent years passing this knowledge on to others. He recruits and trains people for LGBT Irelands national LGBT Helpline and is a board member of LGBT Ireland and Amach! LGBT Galway and founder of Radio Pride. Rob is booked to give talks around the world on his experiences of mental health.



@UrsusRob



### REN MCGUICKEN - HE/HIM

The Rainbow Project

Ren is the Relationships and Sexuality Education Officer for The Rainbow Project, Northern Ireland's largest LGBT+ organisation. He is passionate about teaching people the skills and knowledge they need to have the healthiest, happiest sex they can, and is very excited that he gets to do that as his day job as well as pestering his friends with all the cool penis facts he knows! When he isn't in work talking about healthy relationships he's on his sofa in his dressing gown obsessing about how to keep his own relationships healthy; especially his relationship with his cat, Cujo, who just doesn't care.



@w\_Ren\_bird



### BELLA FITZPATRICK - SHE/HER

ShoutOut

Bella is the managing director of ShoutOut; an all-Island charity which aims to end the exclusion of LGBTQIA+ people by providing educational workshops. Working with schools, charities, and businesses across Ireland, Bella has been educating people on LGBTQIA+ issues for several years.



@bellaknit



### **CHRIS NOONE - HE/HIM**

National LGBT Federation/Bi+ Ireland/NUI Galway

Chris is a lecturer at the School of Psychology in NUI Galway. He has contributed to research on a wide range of topics broadly related to health and wellbeing. Chris has been an involved in activism for many years and is currently Chair

of the Research Sub-Committee of the National LGBT Federation and a coordinator for Bi+ Ireland. He has also contributed to the development of the recently established LGBT Staff Network at NUI Galway. In his spare time,

he's a lefty geek who loves playing guitar and football.



@chris noone

### CLARA BARRY - SHE/HER

Clara is an intersex activist promoting a movement for bodily autonomy and justice. Her goal is to deconstruct the dangerous myths that lead to violations of intersex people's human rights. If you've ever wondered what the 'I' in LGBTQI+ really means, and want to learn in a non - judgemental, from - the - top format then this is a talk worth attending.



### ANNIE HOEY – SHE/HER

Annie is the former president of USI, having served two terms previously as the VP Equality and Citizenship. She attending her first Pink Training in 2008 as a baby-bi which set then her off on to her path of activism and general patriarchy smashing. She is quite the referendum aficionado, having worked on both marriage equality and the recent abortion referendum, and currently works in politics with women and underrepresented candidates. In her spare time (a rarity) Annie like to fold, fold, fold and will gladly fold and organise your cupboards for you. Feminism, bossy blazers and her two beloved lurchers, Polly and Raisin, are her jam.



@hoeyannie



### Ros na Rún I Meon Eile I BBC Gaeilge I BLOC TG4

Seán Ó Baoill is a native Irish speaker from Donegal. Sean works as a video journalist for both meoneile.ie and BLOC TG4. He also works on various TV projects for TG4 and BBC NI. When he is not working behind the camera he can been seen on BBC NI as one the presenters on both 'An Focal Scoir' and 'I lár an Aonaigh'. Sean is also an experienced actor. He can be seen regularly on the award winning Irish language soap, Ros na Rún, as 'Adam Mac Donncha', Ros na Rún's bad boy turned good. Sean also had a part in the emotive film 'Murdair Mham Trasna' which aired on TG4 last year. .... Is de bhunadh Loch an Iúir i nGaeltacht Thír Chonaill Seán Ó Baoill. Bíonn Seán ag obair mar fhísiriseoir le meoneile.ie agus le BLOC TG4 Comh maith le seo bíonn Seán ag obair go minic ar chláracha teilifíse do BBC TÉ agus TG4. Nuair nach mbíonn sé ag obair taobh thiar den cheamara, bíonn sé os comhair an cheamara mar thuairisceoir ar shraitheanna teilifíse ar nós 'An Focal Scoir' agus 'I lár an Aonaigh' Is aisteoir é Seán fosta agus neart taithí aige bheith ag aisteoireacht ar an stáitse agus ar an scáileán. Bíonn sé le feiceáil go rialta ar an sobaldráma Ros na Rún, agus páirt 'Adam Mac Donncha' aige. Bhí Seán le feiceáil sa scannán 'Murdair Mhám Trasna' anuraidh fosta







NOAH HALPIN - HE/HIM This Is Me: Transgender Healthcare Campaign

Noah Halpin is the founder of the This Is Me: Transgender Healthcare Campaign, which advocates for improved, safe, accessible and best practice healthcare for transgender & non-binary people in Ireland. He is also the current CEO of ITB's Colours Society and a Social Care student. Noah is passionate about generating meaningful and practical change within the trans healthcare system and speaks at conferences, panels and training events nationwide, in an attempt to raise awareness about the current state of trans healthcare in Ireland, and encourage others to join the movement. He is also a shameless and proud Westlife fan and can say the complete Lion King script off by heart (Yes, all 88 minutes of it).



@Noah Halpin



### LAURA LOUISE CONDELL - SHE/HER

**Dublin Lesbian Line** 

Laura Louise has been a facilitator with DLL since 2013, and in that time she has created an annual mental health festival for the LGBTQIA+ community, facilitated 6 6-week Wellness Courses for LGBTQIA+ Women\*, organised and hosted 7 speaker sessions which give platforms for people in the community to share personal stories and inspire others, co-organised and co-facilitated DLL's recent 'Finding Your Community' day, as well as being the Coordinator of DLL, volunteer mentor, and author of DLL's newsletter. She facilitates workshops especially for women\* of the community, and specialises in female\* sexual health and LGBTQIA+ women\*'s mental health.



@DubLesbianLine



### PADRAIG RICE

**Cork Gay Project** 

Pádraig Rice is the Coordinator of the Cork Gay Project. A graduate of the University of Oxford and UCC, Pádraig previously worked as a parliamentary assistant to independent Senator Colette Kelleher. He has also worked for Trócaire in Uganda and for Carr Communication. He was the Chair of UCC LGBT when it was named Ireland's Best Student Society by BICS in 2012. He was also President of UCC Societies Guild, Welfare Officer of UCCSU and he played a prominent role in the Students for Marriage Equality campaign. Originally from a village called Camp (ironically some might think) Pádraig loves to run and eat out with his wonderful boyfriend Aaron.



@padraigrice



### SARAH SPROULE - SHE/HER

**Dublin Lesbian Line** 

Sarah is dedicated to supporting adults, children and youth to have healthy and positive conversations about sexuality. She is an Australian occupational therapist now living in Dublin. Sarah has 20 years' experience working with individuals and families experiencing health problems, stress, grief and disability. Working in healthcare in Australia and Ireland, she has provided therapy services in hospitals, community settings and private practice. Sarah currently delivers sexuality education online to parents of school-age kids and teaches RSE in national schools around Ireland. She has an extensive collection of weird-arse glasses. And Sarah is absolutely a dog person.



@DubLesbianLine



### BEN ARCHIBALD - HE/HIM Union of Students in Ireland

Ben is the General Manager of USI and former President. In his spare time he is a curmudgeon, a dilletante and a pedant in no particular order. He is a public speaking coach and speechwriter and writes.

### **MORE THAN TWO:**

### **EXPLORING POLYAMORY**

### **CATALINA VIERU**

Ever felt attraction to more than one person at a time? Or felt you have enough love to give to more than one romantic partner? Thinking about the whole "non-monogamy" concept and it seems that would suit you? Join us and let's chat about different ways of being polyamorous, what are the biggest challenges and tips to make it work when there are more than two people involved.

### **HIV IN IRELAND:**

### HOW WE REACH ZERO ROBBIE LAWLOR

HIV rates in Ireland have never been higher. Men who have sex with men are disproportionately affected and account for roughly 50% of the new HIV diagnosis. In this workshop, we will discuss what the LGBTQ+ community is doing to tackle rising HIV rates and how we plan to reach zero!

### **GAY AND ANGRY**

### IN NORTHERN IRELAND CONOR LOUGHRAN

This session will provide a brief overview of LGBT+ rights in Northern Ireland, including what it's like growing up there and what students in the rest of Ireland can do to help the fight for equality in the North.

### **TRANS**

### 101

### **ANDREW MARTIN**

What does it mean to be transgender? Andy will be taking us through an important guide to gender and identity, and an introduction to the issues trans people face in Ireland.

# WORKING FOR FOR THE LGBT+ COMMUNITY

### PROFESSIONAL QUEER

### **LISA CANNON**

How I work with the LGBT+ Community as my job, the things I do on a daily basis in relation to working with the LGBT+ community and working within a queer safe space for the queer community. (and discuss how people could apply this to their own future careers.

The session will Discuss Teach Solais and its background and what we do do and the activities, supports, events and services it offers. I will discuss the importance of queer safe spaces and how we have to work as a community to keep them

### WHAT NEXT

# FOR LGBT HUMAN RIGHTS IN IRELAND? PADRAIG RICE

What next for LGBT human rights in Ireland? Recently IGLA Europe gave Ireland a score of 52% for LGBT human rights and policy protections. That's 15th in Europe and the lowest in Western Europe. How do we collectively improve that? Who is setting and driving the post marriage referendum LGBT+ political agenda? What should be on that agenda? How do we work together to achieve it? This will be an interactive workshop aimed a teasing out what are the pressing human rights issues for LGBT+ students. Is it hate crime legislation, equal parental rights or a new intersex law? How do we achieve that? Come have your say.

### THE INTERSEXTION:

### **DISABILITY & SEXUALITY**

### **ALANNAH MURRAY**

In this workshop, participants will go on an interactive journey into the life of an LGBT disabled person as they try to navigate LGBT social spaces. We will explore just how accessible your favourite LGBT spaces are; from getting there, to getting in the door, all the way down to buying their drinks and going to the jacks! We'll mythbust some of the common misconceptions around disability and sexuality, discuss the importance to inclusive LGBT social spaces, and consider what we can do to improve the spaces around us for disabled LGBT people.

### SEXUAL CONSENT

A frank and honest discussion about consent, how to give it, how to make sure you have it and how it just makes for better sex! Consent is sexy, consent is mandatory, and we're going to wade through the the "grey areas" and talk about what you need to ensure you've got consent.

# HOW DO WE SEE THE WORLD?

# BREAKING DOWN OUR STEREOTYPES

### **CAMERON KEIGHRON**

Everyone has prejudices and unconscious biases towards people all around us. However, these become a problem when we act upon them. This workshop is designed to explore our own unconscious bias towards the world, how we can work through them and what can we as a community do practically to shape the community around us. (working description so far)

### **HAVE YOU EVER**

### SENT A HOLE PIC? DEAN O'REILLY

With the proliferation of Snapchat and other social media services, exchanging nude photos has become commonplace. Dean opens the conversation on the impact of this culture on self-esteem and body image, dating as a gay man, career opportunities and more.

### **LGBT EQUALITY:**

### WHATS LOVE GOT TO DO WITH

IT?

### **BELLA FITZPATRICK**

A workshop analyzing the narratives surrounding the LGBT rights movement, how they can empower and disempower LGBT people and how best to move forward.

### **ACE & ARO**

101

### **OSCAR JAMES**

This workshop will break down all the different terminology used to describe people on the asexual and aromantic spectrum, and asks you to look into your own experiences to understand what it's like to be asexual or aromantic. Expect the way you view relationships and sexuality to be questioned!

### IS POLITICS

### FOR YOU? SHARON NOLAN

Are you looking for your next campaign after Repeal? Are you an activist and considering getting involved in politics? Do you want to learn more about the Irish political landscape? If so, this event may be for you! No experience required, and no commitment necessary - feel free to come to listen, discuss and ask any questions.

# **MOBILISING TO WIN -**CAMPAIGNING MASTERCLASS

### LAURA HARMON

This session is a campaigning masterclass which will look at some of the ingredients needed to organise and run a successful campaign. The workshop will focus on key learning from the 2018 Together for Yes campaign and how that campaign mobilised voters from all walks of life. The campaign will also explore the success of the 2015 marriage equality referendum and the leading role that students played.

### COMING OUT WORKSHOP

Facilitated session on the coming out process where people can share their coming out stories if they wish. This is safe and confidential space.

**OPEN TO ALL IN THE LGBTI+ COMMUNITY** 

### TRANS AND NON-BINARY

**SEXUAL HEALTH** 

### **REN MCGUICKEN**

Information on STIs, contraception, and consent with a focus on transgender people.

CLOSED SPACE FOR TRANSGENDER (INCLUDING NON-BINARY) PEOPLE

### TRANSGENDER HEALTHCARE

### : A GUIDE + Q&A NOAH HALPIN

This session will include a brief description of where we currently are in Ireland when it comes to trans healthcare, a guide as to how one may begin to access treatments, as well as future plans for trans healthcare in Ireland. There will also be a Q&A session, where no questions are off limits and conversation encouraged.

MOST APPROPRIATE FOR TRANSGENDER/NON-BINARY PEOPLE. HOWEVER, EVERYONE IS MOST WELCOME.

### **ALPHABET**

### SOUP

### **GILLIAN MCINERNEY**

Alphabet Soup is the largest online collection of terminology used by and about the LGBTQ+community. In this workshop we will explore the collection a little and discuss language and identity. Please bring all the questions you've wanted to ask about words and identity terms, this is a space where you can ask them. No question is stupid, no level of knowledge of LGBTQ+ terminology is assumed or required.

GOOD FOR ALLIES AND PEOPLE EXPLORING THE IDENTITIES IN THE + OF LGBTQ+.

### PEACHES, PEARS OR BANANAS –

### LOVING YOUR SEXUAL BODY ANNA KEOGH

This workshop aims to promote body positivity towards our sexual bodies in all aspects of sexual health including our mental, emotional and social wellbeing. Topics included are respecting your body regarding regular health checks, changing bodies, and the social acceptance of all bodies. Activities include scenarios, group work and discussions on topics such as condom resistance and how to see ourselves beyond our physical appearance.

### **QUEER**

### **SEX ED**

### **ANNA KEOGH**

This workshop is designed to fill in the gaps left by a very straight and narrow school sex ed. It involves some group work, a bit of brainstorming and maybe some blushing. A fun education experience for all who want a bit more info on the sexy side of queer sex.

### **HEADS UP**

# POSITIVE MENTAL HEALTH FOR TRANS PEOPLE ANDREW MARTIN

An interactive workshop for trans people around positive mental health. In this Heads Up workshop we will explore techniques and tools to encourage resilience in everyday life for trans people. We'll also look at practical ways to develop self care.

CLOSED SPACE FOR THE TRANS COMMUNITY

### BEING

### A TRANS ALLY ANDREW MARTIN

How to best be the support to someone you know (or you don't know) is in the trans community not only by your words, but by your understanding and your actions. We'll also discuss the steps you can take to help make your college a more inclusive place for trans students.

This workshop will serve as a forum for students, society committees, and SU officers to discuss and plan on ways to make their colleges more trans friendly. The aim of the workshop is to provide ideas and information on how this can be achieved, by looking at the needs and requirements of trans students on campus.

### **LGBTQIA+ WOMEN\***

### **WHAT AFFECTS OUR**

### **WELLNESS?**

### **LAURA LOUISE**

This workshop will be a closed space for LGBTQIA+ women\* to explore the issues and topics which affect our wellness, as individuals and as a community. This will be a safe and welcoming session for women\* of all identities to express themselves and connect with others.

CLOSED SPACE FOR LGBTQIA+ SELF IDENTIFYING WOMEN\*.

### MNÁ\* GRÁ

### SEXUAL HEALTH

### **LAURA LOUISE CONDELL & SARAH SPROULE**

Do you identify as a woman\* or did you use to? And do you think about having sex with women\*? Perhaps you already DO have sex with women\*? If you interested in learning more about your own sexual health and your sexual pleasure, this interactive workshop is for you. We will support you to think about your physical sexual health, your ideas of a healthy sexual relationship, and your emotional sexual health. We will workshop consent together in a different way to how we usually learn about it.

THIS IS OPEN TO ALL PEOPLE WHO IDENTIFY AS FEMALE.

### THE LANGUAGE

### OF ALLYSHIP

### **ALEX COUGHLAN**

A collaborative session aimed at being an active trans ally. This will engage allies - as individuals, representatives, or leaders -in creating inclusion and acceptance in their day to day. This session is for all cis allies, regardless of their previous exposure to the trans community

**TARGETED AT CIS ALLIES** 

### THE BISEXUAL AGENDA!

### **SHARON NOLAN**

You've heard about the Gay Agenda(tm), but get ready for the Bisexual Agenda! This will be a great discussion space where we'll be reflecting on the specific needs our wider bi+ community has, the fights and challenges the community still faces, and how we better grow and support our community.

THIS IS MAINLY TARGETED TOWARDS MEMBERS
OF THE BI+ COMMUNITY, BUT EVERYONE IS
WELCOME

### **RE-WRITING**

### THE NARRATIVE OF GENDER ALEX COUGHLAN

A session to look at the potential for joy and enjoyment of exploring and experiencing gender. Using lived experience to look at created narrative, and living by your own narrative. This is experienced by many trans people, and is relevant for queer people in looking at experimenting and experiencing gender con-conformity.

TRANS AND NON-CONFORMING PEOPLE MAY FIND MOST RELEVANT, OPEN TO ALL

### HONEY! I CHANGED MY GENDER

# NAVIGATING A TRANSGENDER RELATIONSHIP

### **ALICE HARTIGAN & DYLAN HENNESSY**

This workshop aims to provide a space to talk about common issues facing trans\* people and their partners, ranging from dating and disclosure, transitioning, to building a relationship. Additional time will be given for open discussion of issues faced by trans\* people and their partners.

OPEN TO ALL BUT TARGETED TOWARDS TRANS
PEOPLE AND THEIR PARTNERS

### **PRIVILEGE**

### IN THE LGBT+ LESLEY FITZPATRICK

We are past the days of being victims, or so we believe. Or maybe that is just for the straight looking gays. The hetero-normative L and G may be doing well, but what about the rest of the alphabet? With this workshop I want to address the hierarchy that exists even in the LGBTI+ community. I want to address the advances some areas have made and how that has led to their existence being socially accepted, however that is not the case for a lot of the LGBTI+. It is important that we use our new found acceptance to further advance the rest of the LGBTI+

### **SHAPES AND SIZE**

### THAT MESMERIZE

### STEPHANIE FOGARTY

Love Yourself, Love Others (always with consent of course). This is a space to put a stop to body shame and a start to body fame!

### **INTERSEX**

### 101

### **CLARA BARRY**

An informative talk on what it means to be intersex, mythbusting, and how to be an intersex ally followed by Q & Gay

### **HIV AND STI'S;**

### **LEARNING THROUGH GAMES**

### **SEÁN FRAYNE**

Teaching young people the basics of STI's and HIV through the use of funny games and discussions such as STI Roulette, HIV transmission and many more.

# WHY BRING YOUR WHOLE SELF TO WORK?

### **BECAUSE IT WORKS!**

### **JAMES RAMSAY**

A workshop that aims to empower you with the confidence and skillset to transition from university to the working world while remaining true to your authentic self. This will include real life stories, Learnings on key LGBT+ in the workplace topics (Coming out to colleagues etc.) and an candid and safe Q&A.

### **MENTAL HEALTH**

### **HOW TO LOOK AFTER YOURS.**

### **ROB PARTRIDGE**

During this session I'll explain why I talk on mental health, why I think it's important and how you can look after yours. WARNING: I do not talk about it extensively but there is a mention of child, domestic and sexual abuse. I am available after sessions to talk should people wish to do so.

### **PREP**

### FOR IRELAND ROBBIE LAWLOR

Simon Harris and Leo Varadkar have both promised a free PrEP rollout programme for early 2019. PrEP or Pre-exposure Prophylaxis is an HIV drug given to HIV negative people to stop them from getting HIV if they are exposed to the virus. This is a game changer, especially during Ireland's HIV crisis. This workshop will discuss the PrEP rollout programme and what each university/person should do to optimise PrEP uptake.

### JUST

### **RE YOU**

### STEPHANIE FOGARTY

Here we look at what makes you well... you! "You are not perfect due to your imperfections but those same imperfections are what makes you perfect!" Come along and lets be perfectly imperfect together.

### DOM'ING

### AN LGBTQ+ SOCIETY DEAN O'REILLY

Believe it or not, you can be sub AND dom all-in-one! Dom'ing an LGBTQ+ Society will explore all aspects of running LGBTQ+ societies in university, how to get involved, and common issues that societies face. Expect an interactive, open workshop open to any and all questions on LGBTQ+ society life.



### **FEMINISM:**

### SPOKEN WORD MEETS VINYL ANNIE HOEY

What does feminism mean to you? Burning bras, equality, patriarchy... you tell us!

Is there a poem that perfectly encapsulates feminism for you? Have you heard a song that resonates with you and you just need to share it with others? Perhaps you have written a piece of prose yourself and want to share it in a safe space of friendly feminists? Then come along to a space where you can express what feminism means to you through a medium of your choice: poem, song, stories or vinyl. Performance is also welcome- in fact, it is encouraged! Alternatively, you can come into this space to sit and experience the feminist understandings of your Pink Training friends (no participation necessary).

Note: spaces for this session are limited to 20. Participation is not required. 3 minute maximum per participant. Record player and audio facilities will be provided.

### COMHRÁ LE SEÁN Ó BAOILL

### (BILINGUAL)

### SEÁN Ó BAOILL

Actor and BBC presenter Seán Ó Baoill plays reformed bad boy Adam on TG4's Irish language soap, Ros na Rún, which broadcast the first ever gay kiss on Irish TV 22 years ago. Seán discusses both his personal and professional experiences in the industry and the protrayal of the LGBTQ community. Join Seán for a relaxed talk and Q&A session.

## SELF-CARE GILLIAN MCINERNEY

This is a low key session, comprising of colouring and a group chat about what kinds of self care we find helpful. By the end of the session we will have a list of resources, activities, and advice that participants have found work well as self care activities. Colouring materials provided.

### **BODILY AUTONOMY**

### IN A QUEER SPHERE -DISCUSSION

### **DAVY QUINLIVAN**

Bodily autonomy is a term most people in Ireland are familiar with in light of the 2018 referendum on repealing the 8th. People are rightfully fighting for inclusive language for the legislation so that any person capable of getting pregnant has the right to access healthcare.

However, as queer people, this term applies to other facets of our lives.

This discussion hopes to open up dialogue around all elements of autonomy for queer bodies, from access to hormones, to sex work, to the availability of PrEP (Pre-Exposure Prophylaxis).

### **COMING OUT**

### WORKSHOP / DISCUSSION DAVY QUINLIVAN

Coming out is often perceived as a 'one-off' event when discussed in hetero-normative circles. Queer people experience coming out in many different ways, and often repeatedly, throughout their lives.

This workshop aims to allow people a safe space to tell their stories, ask advice, and/or listen to other people's experiences and realities.

### **AN FOCLÓIR AITEACH**

### (THE QUEER DICTIONARY)

### LAOIGHSEACH NÍ CHOISTEALBHA

This session comprises a short history of LGBTQIA+ identities in the Irish language, misconceptions about the Irish language and Catholic conservatism, and a description of the development of An Foclóir Aiteach/The Queer Dictionary in 2018. The purpose of the session will be to question the function of language, especially in minority contexts, and to further explore the boundaries of LGBTQIA+ discourse and identity within the Irish language. The session will be conducted through English, although questions and engagement is most welcome trí Ghaeilge. Fáilte roimh chách! All welcome.

### **MEDICAL TRANSITIONING**

### **INCLUDING TREATMENTS ABROAD**

### **CAMERON KEIGHRON**

Medical transitioning is a workshop that will look at providing accurate information around transitioning in Ireland as trans or non binary individuals. This workshop will incorporate information for all identities looking at both public and private options. This session will also look at options outside of Ireland that are accessible for people. This will be a safe space to ask questions and seek information in an accessible way.

CLOSED WORKSHOP - TARGETTED AT TH MEDICALLY TRANSITIONING

### +101

### **GILLIAN MCINERNEY**

Description: + (Plus) 101 is a dive into the many identities included in the + of LGBTQ+. In this workshop we will explore sexual and romantic attraction and sex drive, where you fit on the spectrums of gender and sexuality, and how you can be more inclusive of the +. Bring your questions, your answers and an open mind. All welcome.

### **CHEMSEX** -

### WHATS HAPPENING?

A look at issue of chemsex, which sibstances it involves, the context, risks and harm reduction measures that can be employed.

MAINLY OF INTEREST TO MSM (MEN WHO HAVE SEX WITH MEN), BUT ALL ARE WELCOME

### **PUBLIC SPEAKING**

### FOR BEGINNERS BEN ARCHIBALD

This session will teach you the basics of public speaking, useful for beginners. Quick tips on how to overcome your fears of speaking in front of an audience.





We've got a Special Party Lined Up For Saturday Night

Exclusive to Pink Training Delegates

LATE BAR • DJ • DRINKS OFFERS









**ELECTRIC** WELCOMES PINK TRAINING 2018

FREE ENTRY **FOR PINK TRAINING DELEGATES WITH WRISTBAND** 

ALL **WEEKEND FRIDAY** & SATURDAY

Biteclub

# USEFUL INFO



### WHERE YOU ARE FOR MOST OF YOUR SESSIONS:

Áras na Mac Léinn, NUI Galway

### FRIDAY NIGHT:

Electric Niteclub, we're taking over the Biker Bar from before 11.30pm, strictly Over 18, ID required.

### **SATURDAY NIGHT:**

Sult Bar, NUI Galway, strictly Over 18, ID required







# GALWAY GARDA STATION (091) 538 000 ANY PINK TRAINING RELATED ISSUES USI GENERAL MANAGER Ben Archibald 0831462353



PHOTOCALL: ÁRAS NA MAC LÉINN, NUI GALWAY 2PM





# ADVICE & SUPPORT

### REPUBLIC OF IRELAND: KEY ORGANISATIONS

www.lgbt.ie www.belongto.org www.teni.ie www.outhouse.ie http://nxf.ie/

### **SUPPORT LINES (ROI)**

Samaritans - 116 123 Pieta House - 1800 247 247 Aware - 1800 80 48 48 LGBT Helpline - 1890 929 539 TENI - (01) 873 3575

### **SUPPORT LINES (NI)**

Samaritans - 116 123
Inspire Counselling Service - 0808 800 0016
LGBT Switchboard NI - 0808 8000 390
Lifeline - 0808 808 8000
Cruse Bereavment Care - 0808 808 1677



### NORTHERN IRELAND: KEY ORGANISATIONS

The Rainbow Project - www.rainbow-project.org
Cara Friend - www.cara-friend.org.uk/ - (028) 9089 0202
Transgender NI - www.transgenderni.com
Northern Ireland Gay Rights Association - www.nigra.org.uk
Out and About NI - www.outnabout-ni.org.uk/ Newry Rainbow Community - @newryrainbowcommunity
Here NI - www.http://hereni.org/
Belfast Butterfly Club - belfastbutterflyclub.co.uk/ - 07704799352
Queer Space - www.queerspace.org.uk/

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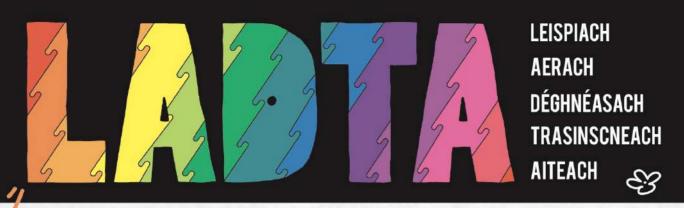
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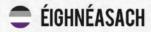


Baineann gnéas an duine le bitheolaíocht: crómasóim, hormóin, gnéasorgáin. Fireann, baineann, nó idirghnéasach

Ní bhaineann inscne leis an mbitheolaíocht. IS féidir insnce a fhéinaithint freisin: baineann, fireann, an péire acu, agus ceachtar acu 00

ω GNÉASÍII Δ

Gnéaschlaonadh an duine. Seans go ndéanann sé tagairt do chumas an duine mothúcháin gnéasúla a bheith acu



Duine nach mothaíonn tarraingt ghnéasúil. Is féidir leo tagairt rómánsach a mhothú, áfach



Duine heitrighnéasach nó cis-inscneach a sheasann i gcoinne homafóibe nó trasfóibe, agus a thacaíonn ar bhealach gníomhach le daoine LADTA agus a gcúiseanna



Duine a mhealltar ag inscní éagsúla (dhá inscne nó níos mó, go hiondúil)

CISINSCNEACH

Téarma a úsáidtear chun cur síos a dhéanamh orthu siúd nach bhfuil tras-inscneach; .i. mothaíonn siad compordach leis an inscne a leagadh orthu ag am na breithe

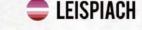


Fear a mhealltar ag fir eile. Is féidir an téarma céanna a úsáid mar scáth-théarma do dhaoine LAD

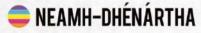


Téarma a dhéanann tagairt do dhaoine a rugadh le sáinthréithe (mar shampla, crómasóim, gnéasorgáin, nó/agus struchtúr hórmóin) nach bhfuil infheidhme go díreach do chatagóirí baineann nó fireann, nó atá infheidhme sa dá chatagóir ag an am céanna





Bean a mhealltar ag mná eile



Scáth-théarma d'fhéiniúlachtaí inscne nach bhfuil páirteach sa dénártha inscne de 'fhireann' agus 'bhaineann'. Clúdaíonn sé seo na daoine a bhfuil féiniúlacht nach bhfuil go hiomlán baineann nó fireann acu, daoine a bhfuil féiniúlacht fhireann agus bhaineann acu, nó a bhfuil féiniúlacht idir nó os cionn na n-inscní



Tarraingt ghnéasúil, rómánsach, nó mothúchánach do dhaoine, neamhairdeallach i dtaobh féiniúlacht inscne nó gnéis an duine sin



Duine nach bhfuil heitrighnéasach. Baineadh úsáid as an téarma seo ar bhealach diúltach, ach anois tá an focal in úsáid ag neart taobh istigh den phobal LADT. Is féidir an focal a úsáid mar scáth-théarma freisin



Baintear úsáid as an téarma seo mar scáth-théarma agus mar fhéiniúlacht. Ar an iomlán, déanann an focal tagairt dóibh siúd nach n-aithníonn siad féin leis an inscne a leagadh orthu ag am na breithe







A person's sex is biological; chromosomes, hormones, sex organs. Male, female, intersex



Not biological, can be selfidentified. A person's identity as male, female, both, neither

A person's sexual orientation. Can also relate to their capacity for sexual feelings



ASEXUAL/ACE Someone who does not experience sexual attraction.

But can experience rementic attraction. But can experience romantic attraction



Any Heterosexual / Cis person who opposes transphobia and homophobia

and actively supports LGBTQ individuals and causes



Someone who is attracted to people of two or more genders



A term used to describe those who are non-transgender - having a gender identity that matches the gender they were assigned at birth



GAY

A man who is attracted to men, also can be used as an umbrella term for all LGB people



Refers to individuals who are born with sex characteristics (such as chromosomes, genitals, and/or hormonal structure) that do not belong strictly to male or female categories, or that belong to both at the same time



A woman who is attracted to other women



NON-BINARY

An umbrella term for gender identities that fall outside the gender binary of male or female. This includes individuals whose gender identity is neither exclusively male nor female, a combination of male and female or between or beyond genders



A sexual, romantic or emotional attraction towards people regardless of their sex or gender identity



Not heterosexual. Originally used with negative connotations, but is currently being reclaimed by many within the LGBT community. Can be used as an umbrella term



Used both as an umbrella term and as an identity. Broadly, it refers to those who do not identify with the gender they were assigned at birth







# WELCOME TO PINK TRAINING 2018

FRIDAY	CONTENT	SPEAKER	ROOMS
16:00	Registration	-	The Stonewall Inn
18:00	Safety Briefing	Aisling and Ben	
18:30	Ice-breakers	Hype Squad	10 rooms
19:00	Opening of Pink Training 2018	Aisling, Síona, Ben, Megan	The Stonewall Inn
19:30	Keynote Address	Evgeny Shtorn	The Stonewall Inn
20:00	Lip Sync Battle	3 Judges	The Stonewall Inn
10:00	Back to Hostels	-	-
	BiteClub		-

ATURDAY TIME	CONTENT	SPEAKER	ROOMS
	Welcome	Aisling Cusack	The Stonewall Inn
	Coming Out Workshop	Andrew Martin	Nikki Symmons
	Coming Out Workshop	Sinéad Ruane	The View
	Coming Out Workshop	Róisín Sheridan	Adrienne Rich
	Coming Out Workshop	Chris Noone	The Cube
	Coming Out Workshop	Síona Cahill	Audre Lorde
	Coming Out Workshop	Robbie Lawlor	Harvey Milk
	Coming Out Workshop	Laura Harmon	Gilligan and Zappone
	Coming Out Workshop	Davy Quinlivan	Moninne Griffith
	Coming Out Workshop	Gillian McInerney	Ailbhe Smyth
	Coming Out Workshop	Megan Reilly	Lydia Foy
	Supporting Someone Coming Out	Bella Fitzpatrick	Marsha P. Johnson
	Alphabet Soup	Gillian McInerney	Gilligan and Zappone
	Gay and Angry in Northern Ireland	Conor Loughran	David Norris
	Challenge the view of the LGBTI+ community as vulnerable	Chris Noone	Harvey Milk
	Working for for the LGBT+ Community/ Professional Queer	Lisa Cannon	Moninne Griffith
	How do we see the world? Breaking down our stereotypes	Cameron Keighron	Ailbhe Smyth
	Transgender Healthcare: A guide + Q&A	Noah Halpin	Marsha P. Johnson
	Mobilising to Win - Campaigining Masterclass	Laura Harmon	Audre Lorde
	Radical civility against homophopic aggression	Anna Cosgrave	Adrienne Rich
	The Intersextion: Disability & Sexuality	Alannah Murray	Adrienne Rich
	HIV and STI's; Learning Through Games	Seán Frayne	David Norris
	Trans 101	Andrew Martin	Gilligan and Zappone
	LGBT equality: What's love got to do with it?	Bella Fitzpatrick	Audre Lorde
	More than two: exploring polyamory	Catalina Vieru	Moninne Griffith
	Public Speaking	Ben Archibald	Marsha P. Johnson
	Queer Sex Ed	Anna Keogh	Ailbhe Smyth
	Bodily Autonomy in a Queer Sphere	Davy Quinlivan	Harvey Milk
	LUNCH	Bavy Quinivan	SULT
	World Aids Day Action		OUTSIDE
	More than two: exploring polyamory	Catalina Vieru	Ailbhe Smyth
	HIV in Ireland: How We Reach Zero	Robbie Lawlor	Harvey Milk
	Ace/Aro 101	Oscar James	Moninne Griffith
	What Next for LGBT Human Rights in Ireland?	Pádraig Rice	Audre Lorde
	Honey! I changed my gender: Navigating trans relationships	Alice Hartigan and Dylan Hennessy	Marsha P. Johnson
	Bi Inclusion in LGBTQI+ spaces	Chris Noone and Sharon Nolan	Gilligan and Zappone
	Mental Health - How to look after yours.	Rob Partridge	David Norris
	Feminism: Spoken Word meets Vinyl	Annie Hoey	Adrienne Rich
	Mná* Grá	Laura Louise Condell & Sarah Sproul	and the second s
	Honey! I changed my gender : Navigating trans relationships	Alice Hartigan and Dylan Hennessy	Harvey Milk
	Have you ever sent a hole pic	Dean O'Reilly	Moninne Griffith
	Heads Up	Andrew Martin	Marsha P. Johnson
	Mobilising to WIn - Campaigning masterclass	Laura Harmon	Audre Lorde
	What's love got to do with it	Bella Fitzpatrick	David Norris
	Chemsex	Neil Wilson	Ailbhe Smyth
	Comhrá le Seán Ó Baoill (bilingual)	Seán Ó Baoill	Marsha P. Johnson
	Transgender Healthcare: A guide + Q&A	Noah Halpin	Ailbhe Smyth
	Privilege in the LGBTI+	Lesley Fitzpatrick	Audre Lorde
	The ±101	Alex Coughlan	Harvey Milk
	The +101  Earnings: Spaken Word Mosts Visual	Gillian McInerney	Gilligan and Zappone
	Feminism: Spoken Word Meets Vinyl	Annie Hoey	Adrienne Rich
	Why Bring Your Whole Self To Work - Because it Works!	James Ramsay	Moninne Griffith
	Consent The Intersection: Disability & Severality	Anna and Bella	Marsha P. Johnson
	The Intersextion: Disability & Sexuality	Alannah Murray	David Norris
	Mna* Grá	Laura Louise Condell & Sarah Sproul	
	Shapes and size that mesmerize	Stephanie Fogarty	David Norris
	Medical Transitioning	Cameron Keighron	Harvey Milk
	Peaches, Pears or Bananas – Loving Your Sexual Body	Anna Keogh	Gilligan and Zappone
	PrEP for Ireland	Robbie Lawlor	Moninne Griffith
	Feminism: Spoken Word meets Vinyl	Annie Hoey	Adrienne Rich
		515 00	Audre Lorde
	Mental Health - How to look after yours	Rob Partridge	Marsha P. Johnson
	Dinner		SULT
	Back to hostels	Hostels	
	Dirty Pink Circus	Everyone	SULT
ATE	DANCE! DANCE! DANCE!	Everyone	SULT

SUNDAY	CONTENT	SPEAKER	ROOMS
10:30	Self-Care	Gillian McInerney	Gilligan and Zappone
	Peaches, Pears or Bananas - Loving Your Sexu	Anna Keogh	Audre Lorde
	Trans and Non-Binary Sexual Health	Ren McGuikan	Marsha P. Johnson
	Dom'ing an LGBTQ+ Society	Dean O'Reilly	Ailbhe Smyth
	Is Politics for You?	Sharon Nolan	Harvey Milk
	LGBTQIA+ Women* - what affects our wellness	Laura Louise Condell	David Norris
	Ace and Aro 101	Oscar James	Tonie Walsh
	Chemsex	Neil Wilson	Adrienne Rich
11:30	Being A Trans Ally	Andrew Martin	Harvey Milk
	Self Care	Gillian McInerney	Gilligan and Zappone
	Challenge the view of the LGBTI+ community as	Chris Noone	Ailbhe Smyth
	Queer Sex ed	Anna Keogh	Audre Lorde
	Intersex 101	Clara Barry	David Norris
	Re-writing the Narrative of Gender	Alex Coughlan	Tonie Walsh
	The Bisexual Agenda	Sharon Nolan	Marsha P. Johnson
	An Foclóir Aiteach/The Queer Dictionary	Laoighseach Ní Choistealbha	Adrienne Rich
12:30	Lesbian Safe Space	Laura Louise Condell	Audre Lorde
	Gay Safe Space	Rob Partridge	Ailbhe Smyth
	Bisexuality Safe Space	Chris Noone & Sharon Nolan	David Norris
	Trans Safe Space	Ren McGuikan	Tonie Walsh
	Queer Safe Space	Gillian McInerney	Gilligan and Zappone
	Poly Safe Space	Catalina Vieru	Marsha P. Johnson
	Non-binary Safe Space	Alex Coughlan	Harvey Milk
	Ace/Aro	Oscar James	Adrienne Rich
	Ally Reflection	Andrew Forde and Lorna Fltzpatrick	The Stonewall Inn
13:30	Closing Plenary	Aisling Cusack	The Stonewall Inn
14:15	Delegates Depart	e e	



